J.D.M.V.P.S.SHRI S.S.PATIL ART'S,BHAUSAHEB

SHRI T.T. SALUNKHE COMMERCE

& SHRI G.R.PANDIT SCIENCE COLLEGE JALGAON.

YUVATI SABHA REPORT-2022-23

INAUGURATION AND LECTURE - Gender equity –

Objectives-

To educate the students about gender, what is gender equity. To creat a sense of equality in the mind of girt students. Trying to remove the stereotypes about gender in their minds.

Outline-

The program was inaugurated byVice Principal Dr.M.S.Patil. On this occasion Dr. J.P.Sontakke was present as a resource person. She guided a students about gender equity and informed about the problems they face in their live.She also guidance on how to solve the problems.

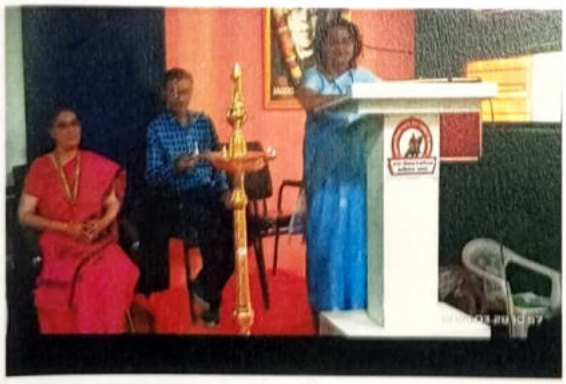
Outcomes-

1The students got to know about gender equity.

2 A sense of equality arose in their minds.

3 Awareness of own rights and duties in society.

4 Got guidance on how to solve problems in the life.



Inauguration –yuvati sabha 2022-23(15/9/22)

SAVITRI BAI PHULE JAYANTI- (Elocution)

Objectives-

1 Getting information about the biographies of great women.

2Getting inspiration from the biographies of great women

3 Providing a platform to express them.

Outline-

In commemoration of Savitribai phule Jayanti elocution competition was organized. Nine girls participated in it. The students dressed up as various Nobel ladies and expressed thoughts about them. 37 girl students were present for this.

Outcomes-

1Students got to khow the character of nobel women.

2Got a chance to express their thoughts.

3Stage daring increased.

4 Their confidence increased.

Elocution- Savitibai Phule & Sushma Swaraj

ANCHORING

SLOGAN ANF POETRY WRITING COMPITIION-

Objectives-

1 To provide a platform for students to express their feelings in the form of poetry.

2 Stimulate their thinking.

3To make them aware of social problems through poetry writing.

Outline-

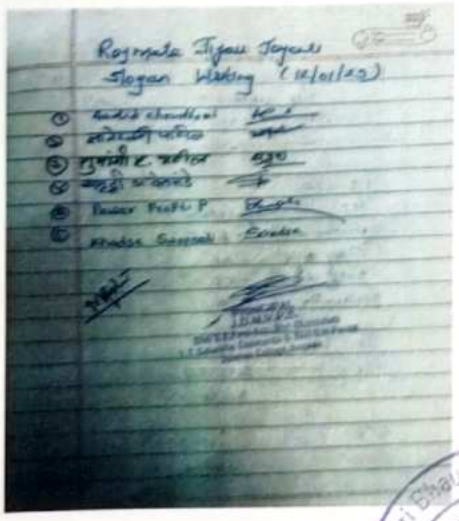
On the occasion of Rajmata jijau jayanti and National Youth day organized poetry writing competition 4 girls and slogan writing competition 6 girls participate,.

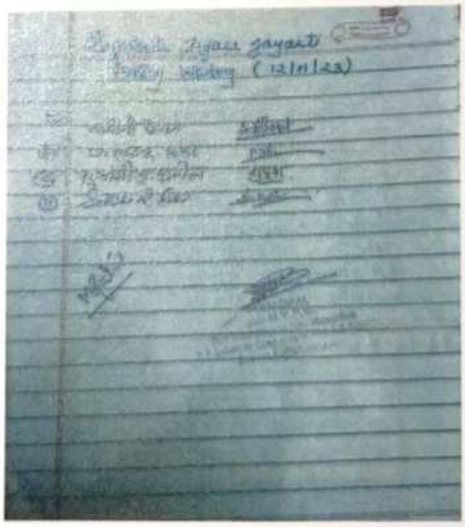
Outcomes-

1 The students expressed their feelings through poetry towards BetiBacho-BetiPadho.

2 They became aware of social problems.

3 They motivated to solve the problems





INTERNATIONAL WOMEN'S DAY CELEBRATION-

Objectives-

1 Achieve gender equality and empower all women and girls.

2 To make them aware of their rights and responsibility.

Outline-

To celebrate international women's day entrepreneur Vaishali Suresh Patil and Dr. Surekha Palve(MC Member K.B.C.NMU Jalgaon).Vaishali Patil is uneducated and started a clothing business on her own. Dr.Surekha Palve was well educated. Both had reached the pinnacle of success on their own. Both shared their experience with the students. Both motivated the students to achieved success in their life

Outcomes-

1Students are motivated to achieve success.

2 This program was crucial for their goal setting.

Mrs. Vaishali Patil (entrepreneur)

Dr.Surekha Palve (MC Member K.B.C.NMU Jalgaon).

1) Dipali Raghunath Patil
2) Priyanka Bhimrao Thakur
3) Harshal Shaliyram Jadhav
4) Rupali Balu Patil
5) Rama Jagadish Patil
6) Bhagyashree Chandrakant Tare
7) Harsha Shamal Thakare
8) Patil Priyanka Sanjay
9) Divya Madhukar Patil
10) Vaishali S. Patil
11) Dipali Patil
12) Shubhangi A. I
13) Patil Priyanka Sanjay
14) Patil Aishwarya Gahu
15) Sonawane Arati Ashok
16) Surwade Shanti Prakash
17) Jadhav Harsha Vilas
18) Sainchane Sakshi Anil
19) Tadavi Alisha Rafik
20) Khadse Swapnali Dhananjay
21) Pagh Yamini Sunil
22) Saptale Bhagyashree Anil
23) Dhangar Prema Ashok
24) Jadhav Pooja S
25) Patil Priyanka Sanjay
26) [illegible]
27) Gavande Puja S.
28) Patil Rohini Pramod
29) Patil Dipali R
30) Patil Gayatri D
31) Patil Ashwini B
32) Wani H.T.
33) Patil Chetna S
34) Patil Kalyani D

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35) Patil Bhushan S.
36) Saptale Sonal D
37) NISHA SAWARA
38) Tayade Sanjana S.
39) Tayade Ragini M.
40) Shinde Dipali J.
41) Nath Ashwini V.
42) Amrute Shubhangi S.
43) Banjara Nikita L.
44) Chaudhari Bhagyashri L.
45) Dhole Bhagyashri R.
46) Hivale Mitali V.
47) Jadhav Pooja S.
48) Kothari Shweta A.
49) Patil Aishwarya G.
50) पाटील [illegible]
51) Patil Anuja Dinesh
52) Wanthade Shruthi N.
53) Tayade Vaishali S.
54) Sutar Sameeksha S.
55) Tadvi Priyanka Raju
56) Sonawane Mohini B.
57) [illegible]
58) Bagul R. Pa[illegible]
59) [illegible]
60) Pawar Prapti P
61) [illegible]
62) [illegible]
63) Tadvi Vansha P
64) Patil Y.P.
65) Aditi Chaudhari
66) Karankal Rohini D
67) Patil Amruta B
68) Mehul Patil A
69) Karvanda Poornima A.
70) [illegible]

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Yuva

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& SHRI G.R.PANDIT SCIENCE COLLEGE JALGAON.

YUVATI SABHA REPORT-2021-22

INAUGURATION AND ONLINE LECTURE - Gender equity perception and misconceptions

Objectives-

To educate the students about gender, what is gender equity. To creat a sense of equality in the mind of girt students. Trying to remove the stereotypes about gender in their minds.

Outline-

Yuvatisabha Academic year2022-22 was inaugurated by Dr. Devanand Sonar - Director Soham Yog center M.J. College Jalgaon 12 th January, on the occasion of Rajmata Jijau Jayanti and National Youth day. The program was presided over by Honorable Principal Dr. L.P. Deshmukh. Dr. sonar gave guidance on gender equity perception and misconceptions, and answered questions from the coalition. In this program 51 students are participate.

Outcomes-

1The students got to know about gender equity.

2 A sense of equality arose in their minds.

3 Awareness of own rights and duties in society.

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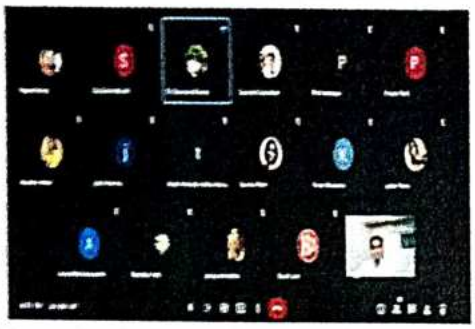

Dr.Devanand sonar –lecture on gender equity.

SURYANAMASKAR, YOGA PRACTICE AND HEALTH(Onlile)-

Objectives-

Prepare the students physically and mentally for the integration of their physical, mental and spiritual faculties so that the students can become healthier, saner and more integrated members of the society and of the nation.

Outline-

On 15/2/2022 Dr.Leena Chaudhari –Ass. Prof. – Yoga Guidance center KBC NM university Jalgaon.guided about the importance of Surya Namaskar on Yoga practice and health and give guidance on the importance of yoga and health, 41 girls participed. Satisfactory answers the questions were given by her in this program. The chair person of the program was principal of the College Dr.L.P.Deshmukh The program was conducted online.

Outcomes-

1 Understand importance of suryanamaskar.

2 The tendency to practice yoga was awakened among the students.

3 Realized the importance of yoga for the treatment of various diseases.

4 Understand importance of yoga to increase concentration positive approch and happiness .

5 The student got ready to practice yoga every day.

SELF-DEFENSE WORK SHOP-

Objectives-

1 To develop self confidence in girl students

2 Be spontaneous.

3 To empower girls.

4To make them able to defend against physical assault.

5 To strive for girls physical and mental health improvement.

Outline-

Self-defense work shop was organized from 15/3/22 to 23/3/22 for girl students.55 Girls were participated in this workshop. Swayumsiddha instructor gives guidance through demonstration and practical. He gave information about punch, knee attack, kicks, self defense from knife attack, etc with demonstration and practice. Chief Guest in the concluding occasion was Dr.Mrs. Mani Mutha –member of Maharashtra Marital Art council. Under her guidance she gave tips on martial art to the students. The program was chaired by prof. R.V. Deshmukh.

Outcomes-

1 Students learn self defense.

2 Learned to express their own opinion.

3 Learned to participate spontaneous in any activity.

4 Confidence was created among the students.

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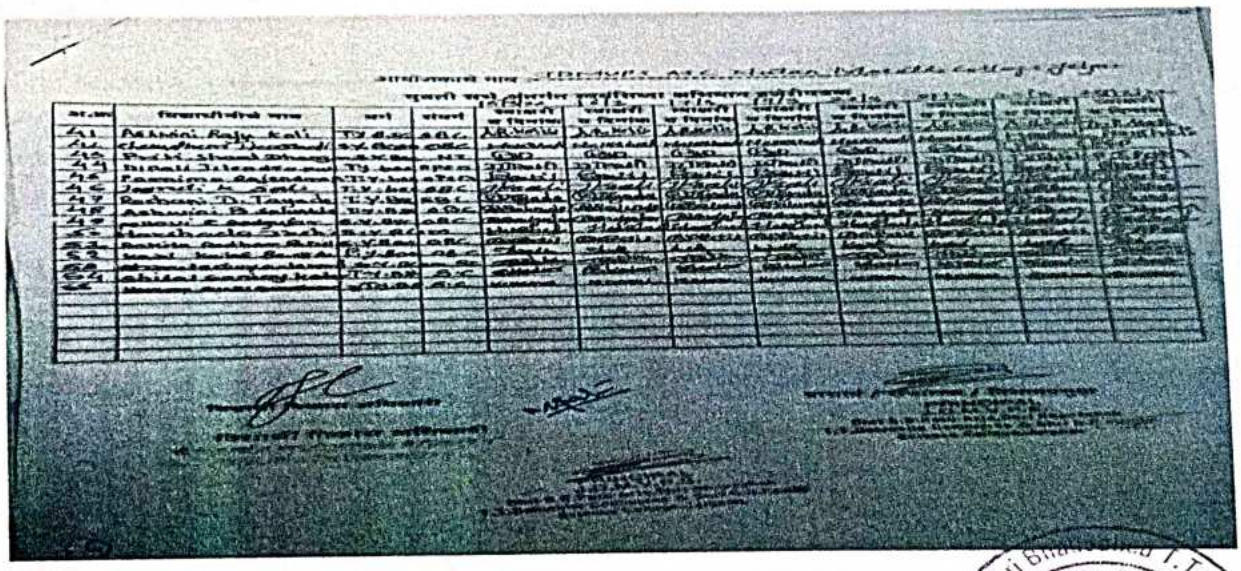
Self defense training

concluding day- chief guest- Dr. Mani Mutha



PERSONALITY DEVELOPMENT WORK SHOP-

Objectives-

1 To improve overall personality of the girl students.

2 To develop self confidence in girl students.

3 To reduce stress and conflicts.

4 To increase positive qualities like punctuality, flexible attitude, willingness to learn, friendly nature.

5 Be spontaneous.

6 To empower girls.

Outline-

A personality development work shop was organized on March 25 th in which 74 students of various colleges were present . The Program was inaugurated by Dr. Nitin Badgujar- Student development department-KBCNMU(Jalgaon Division). The program was chaired by Principal of the college Dr. L.P. Deshmukh. Dr Badgujar told how to develop personality through SWOC.

The first resource person Dr. Sharad Akole Psychiatrist guided on the subject Art of living, How to speak, impact of responses on life, marriage institute, pre marriage counseling etc.

The second resource person Dr. Devanad Sonar Guided with demonstration on yoga and stress control.we can increase concentration by integrating mind, intellect and spirit.

Third recourse person Dr.Sonal Mahajan, Naturopath M.J.College Jalgaon guided on how to control diseases naturally. She guided on the benefit og natural sattvic aahar and vihar on PCOD disease and answered various questions of the students.

Fourth resource person Mrs.Anjali Patil (Volley ball player, Chhatrapati award winner) convinced the students about importance of sports on filed like health and employment.

Concluding remark was conducted by Prof. R.B. Deshmukh.

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Outcomes-

1Confidence was created among the students.

2 They expressed their thoughts spontaneously while giving feedback.

3 openly discussing all the issues with the resource persons.

4 Overcome self-doubt, and are able to assert one self in professional setting.

5 Verbal and non verbal communication abilities increases, active listening, and expressing ideas effectively.

6 Got knowledge about natural cures for various diseases like PCOD etc.

7 They understood the importance of sports and employment an opportunities from them.

Inauguration

Felicitation of Sonali V Patil (under cover officer)

PERSONALITY DEVELOPMENT WORK SHOP

महाविद्यालयाचे नाव : J.D.M.V.P's N.M. College Jalgaon
(Gulabrao Maraotha College Jalgaon)

सूचनी सर्व अंतरीम विद्यार्थीनी आणीपासन विकास कार्यशाळा हजेरीपत्रक

दिनांक :- 22 July 2019

क्र.क्र.	विद्यार्थीनीचे नाव	महाविद्यालयाचे नाव	वर्ग	संकेत	स्वाक्षरी
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Present Student Signature

Principal

महाविद्यालयाचे नाव : J.D.M.V.P's N.M. College Jalgaon
(Gulabrao Maraotha College)

सूचनी सर्व अंतरीम विद्यार्थीनी आणीपासन विकास कार्यशाळा हजेरीपत्रक

दिनांक :- 22 July 2019

क्र.क्र.	विद्यार्थीनीचे नाव	महाविद्यालयाचे नाव	वर्ग	संकेत	स्वाक्षरी
23	Patil G. Rahul	N.M. College	SyBcom	[illegible]	[illegible]
24	Patil Vaishali [illegible]	N.M. College	SyBcom	OBC	[illegible]
25	Pandhi priyanka [illegible]	N.M. College	SyBcom	OBC	[illegible]
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28	[illegible]	N.M. College	MSC-I	OBC	[illegible]
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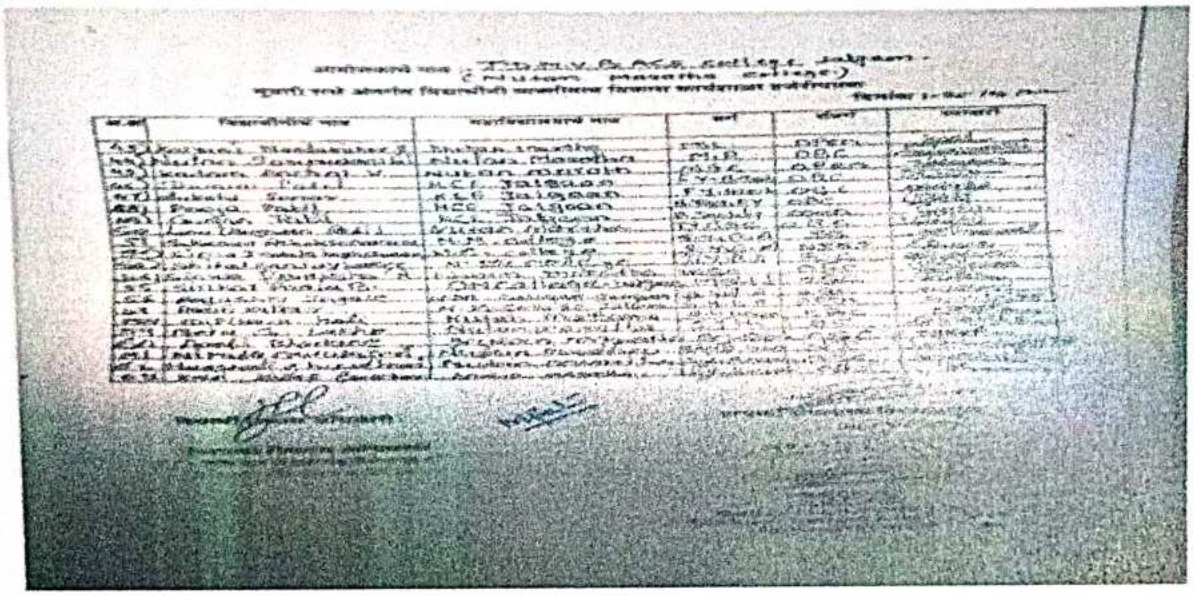
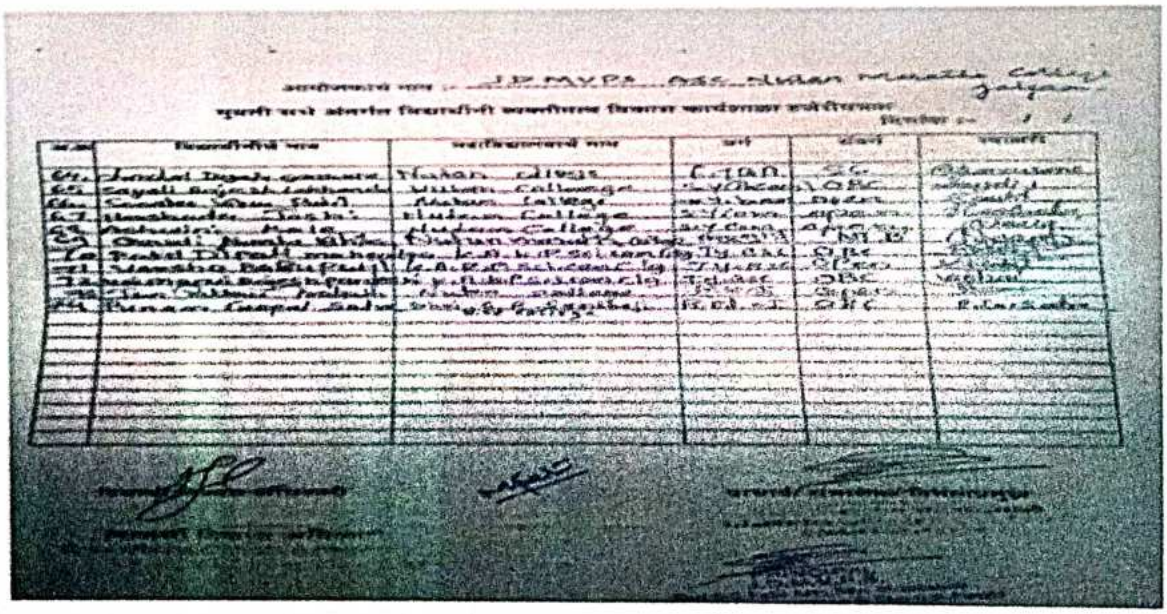
42	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]

Present Student Signature

Principal

Shri S.S. Patil Arts, Shri G.R. Pandit Science College, Sane Guruji Commerce & Sahakar Maharshi T.S. Shinde College
JALGAON





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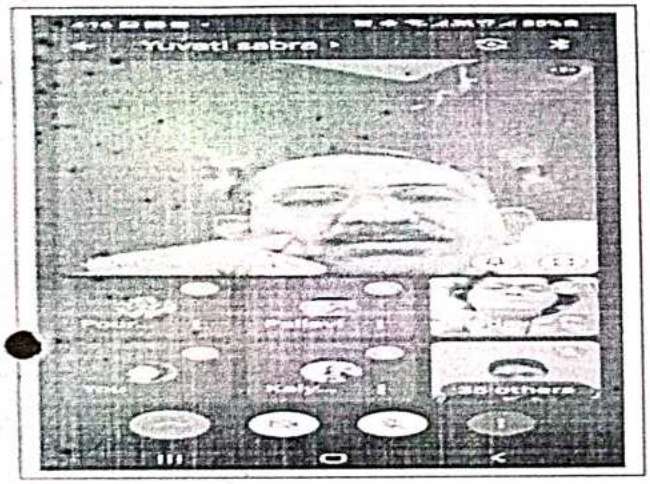
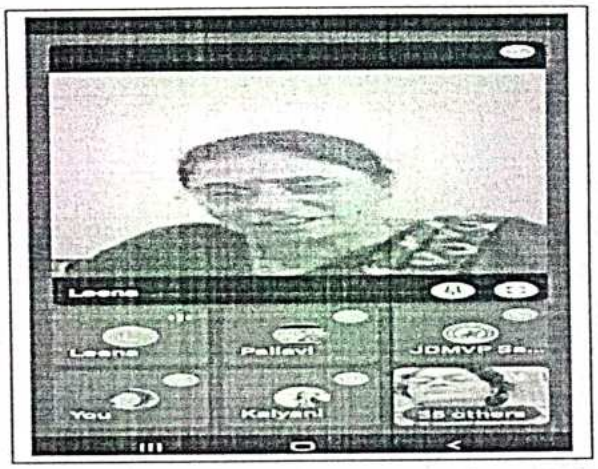
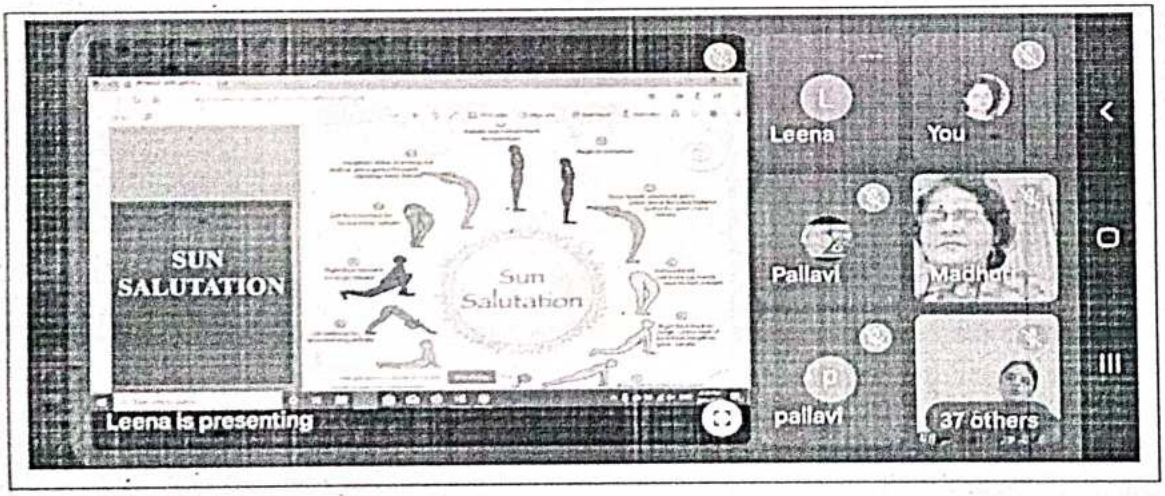
Yuvati Sabha







On 15/2/2022 organized workshop on Yoga guidance by Dr. Leena Chaudhari

Personality development work shop was organized on 25/03/2022

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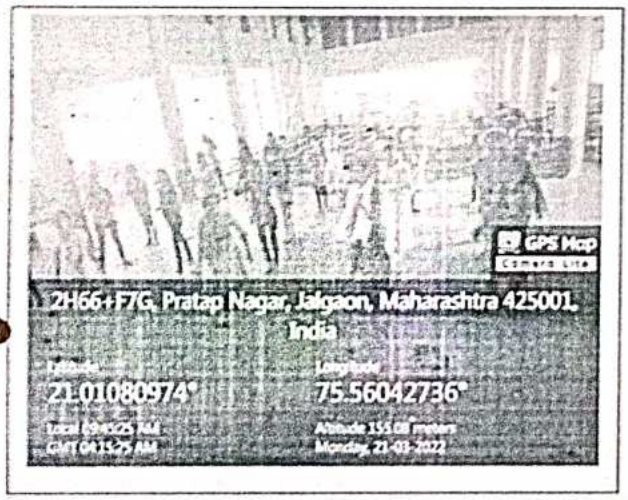

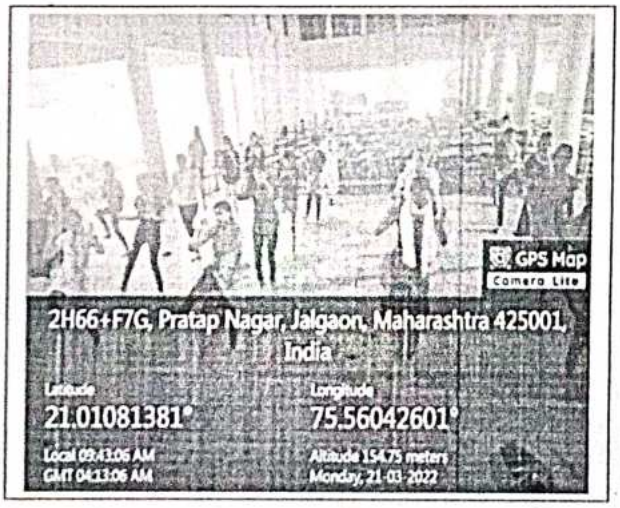

Self-defense work shop was organized from 15/3/22 to 23/3/22 for girl students

Shri Bhausaheb T.T.Salunkhe Commerce & Shri G.R.Pandit Science College JALGAON Shri S.S.Patil Arts

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SHRI T.T. SALUNKHE COMMERCE

& SHRI G.R.PANDIT SCIENCE COLLEGE JALGAON.

YUVATI SABHA REPORT-2020-21

In the academic year 2020-21, the entire world was gripped by CORONA pandemic.

Online lecture on Yoga

Objectives-

1 To build powerful physical, mental and spiritual health system.

2To increase strength and concentration, Positivity and happiness.

3 Reduce stress.

4Reduce depression

Outline-

On 2/1/21 online lecture was organized yoga specialist Dr. Sonar give lecture on- sukhijevanjagnya cha Raj yog, 36 girls are participed.

Outcomes-

1 For Physical, mental and spiritual heath they started looking at yoga.

2 They learned various yoga practices to reduce stress and depression.

.3 Positive attitudes, happiness increased in them.

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SLOGAN AND POETRY WRITING COMPITIION-

Objectives-

1 To provide a platform for students to express their feelings in the form of poetry.

2 Stimulate their thinking.

3To make them aware of social problems through poetry writing.

Outline-

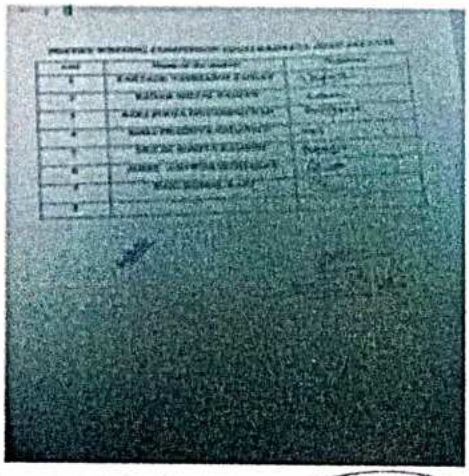
On the occasion of Rajmata jijaujayanti and National Youth day organized poetry writing competition 7 girls and slogan writing competition 8 girls participate,.

Outcomes-

1 The students expressed their feelings through poetry towards BetiBacho-BetiPadho.

2 They became aware of social problems.

3 They motivated to solve the problem.



POWER POINT PRESENTATION-

Objectives-

1Students should be able to use ICT.

2 They should be able to express their views on a subject through ICT.

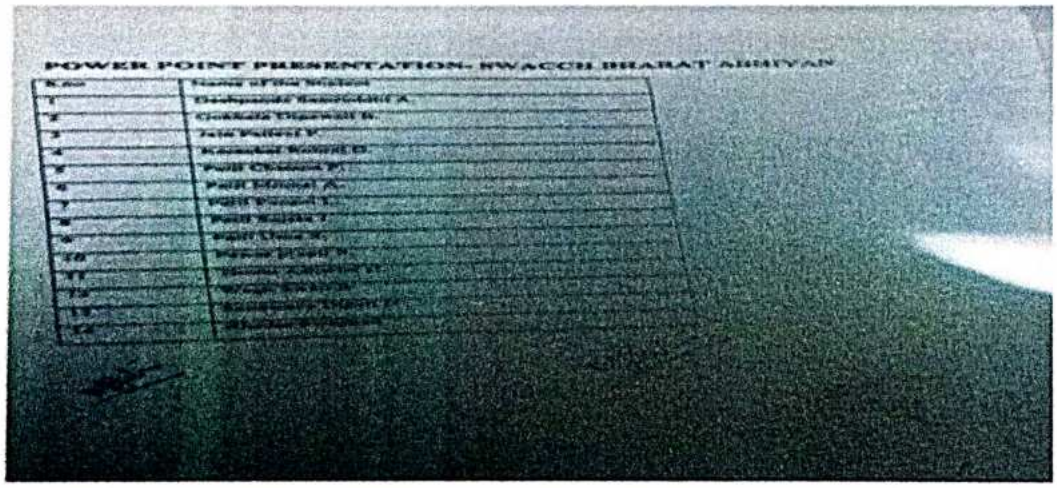
Outline-

Power point presentation was carried on Swachh Bharat Abhiyan by the students in this program 14 students are participed.

Outcomes-

1 They were able to use ICT.

2 They presented their thought about swachh Bharat through PPT.



Lecture on self Defense (International women day)

Objectives-

1 To develop self confidence in girl students

2 Be spontaneous.

3 To empower girls.

Outline-

On 8/3/22 Online lecture of Shri Rajendra Janjale- 27 girls are participedinSwayan Siddha Prashikshak on self-defense.

Outcomes-

1Learned to express their own opinion.

2 Learned to participate spontaneous in any activity.

3 Confidence was created among the students

Rajendra Janjale - on line lecture on International Women's day

SELF EMPLOYMENT-

Objectives-

1To Inculcate the spirit of self- employment among female students.

2 Building confidence in female students.

Outline-

Mask making and selling by the 9girls students are involved.

Outcomes-

1 Students become confident in pendamic due to getting employment.

2 Staff members bought masks from the students.

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Shri.G.R.Pandit Science College, Jalgaon

J.D.M.V.P.S.SHRI S.S.PATIL ART'S,BHAUSAHEB

SHRI T.T. SALUNKHE COMMERCE

& SHRI G.R.PANDIT SCIENCE COLLEGE JALGAON.

YUVATI SABHA REPORT-2019-20

Inauguration and lecture on gender equity

Objectives-

To educate the students about gender, what is gender equity. To creat a sense of equality in the mind of girt students. Trying to remove the stereotypes about gender in their minds. To give information about anti-dowry rules.

Outline-

Yuvatisabha academic year 2019-20 was inaugurated by honorable principal Dr.L.P. Deshmukh on 16/8/19. He guided the girl students for overall development and self-confidence 45 students are participed. At this time Dr. Mrs.M.S. Patil told the students about the objectives of yuvatisabha.

AshaKulkarni of Anti dowry moment Mumbai give guidance about gender equity and anti dowry rules.

Outcomes-

1The students got information aboutyuvatisabha

2 1The students got to know about gender equity.

3 A sense of equality arose in their minds.

4 Awareness of own rights and duties in society.

5 Got information about anti dowry rules.

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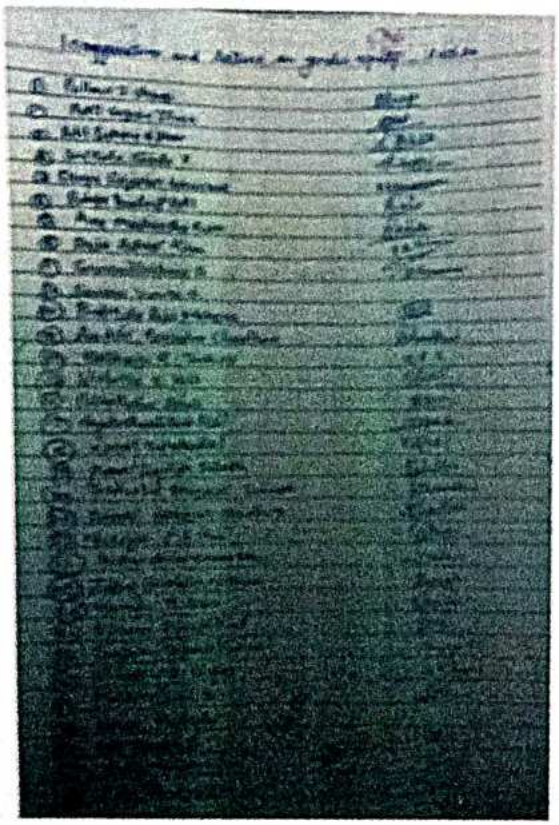
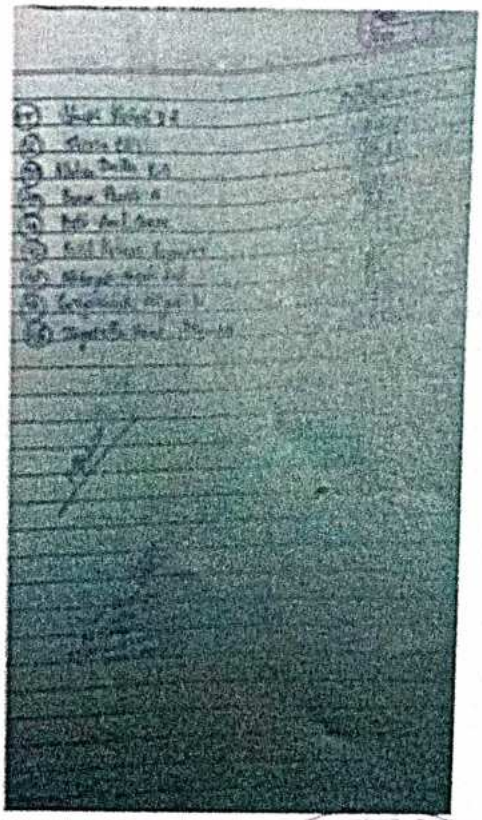
Inauguration of yuvati sabha 2019-20 By Mrs.Asha Kulkarni





Poetry writing competition (BetiBacho- BetiPadho)-

Objectives-

1 To provide a platform for students to express their feelings in the form of poetry.

2 Stimulate their thinking.

3To make them aware of social problems through poetry writing.

Outline-

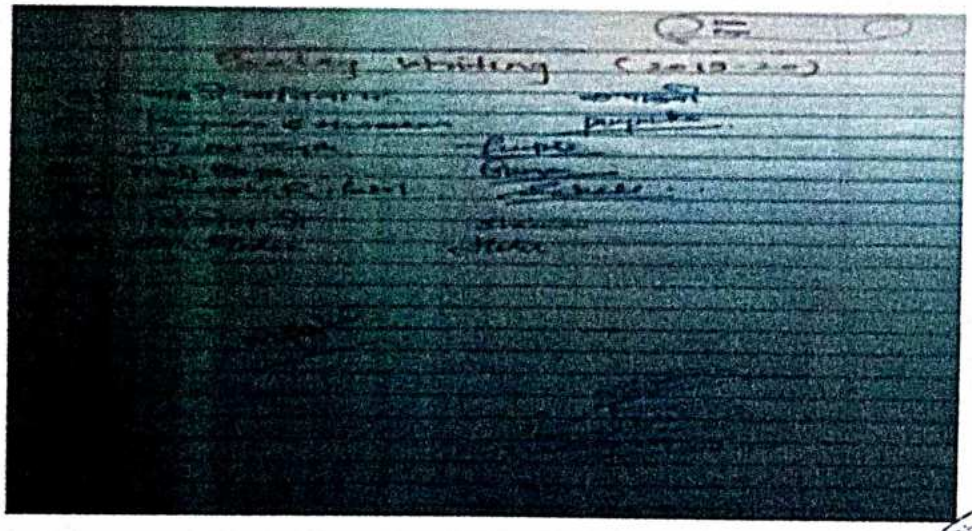
A poetry writing competition was held on 9/9/19. Seven(07) girls were participated in this competition

Outcomes-

1 The students expressed their feelings through poetry towards BetiBacho-Beti Padho.

2 They became aware of social problems.

3 They motivated to solve the problems.



WORKSHOP MAKING AND SALE OF CLAY LAMPS ANDDIWALI SNACK MATERIAL ANDSKY LANTERNS -

Objectives-

1 To inculcate the tendency to create self – employment among female students.

2 Creating a tendency to live life by being self – employment.

3 Making them self dependent and create confidence.

Outline-

On the occasion of Diwali festival, from the point of view of creating entrepreneurship among the girl students and guiding self employment, the decorative clay diyas, Diwali snack material and akashkandils were made by students and it was sold in the college and profit was given to the girl students. In this program 25 girls are participate.

Outcomes-

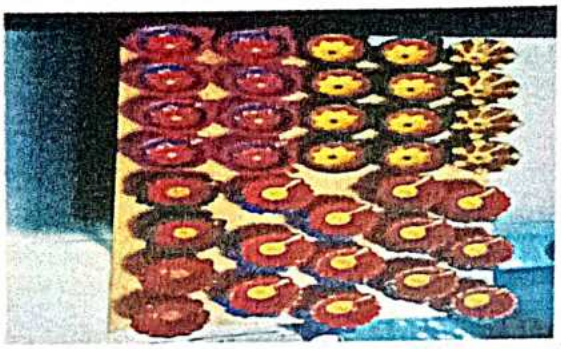
1 Students learned to make clay diyas and sky lanterns in a very creative way.

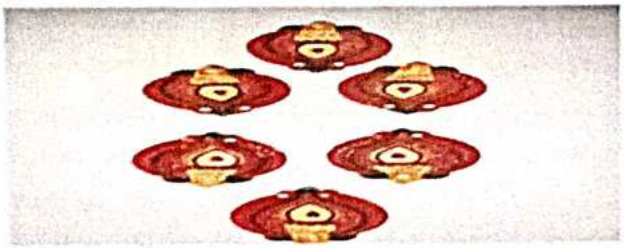
2 They made and sold Diwali snacks very well.

3 Due to financial gain, confidence was created among them.

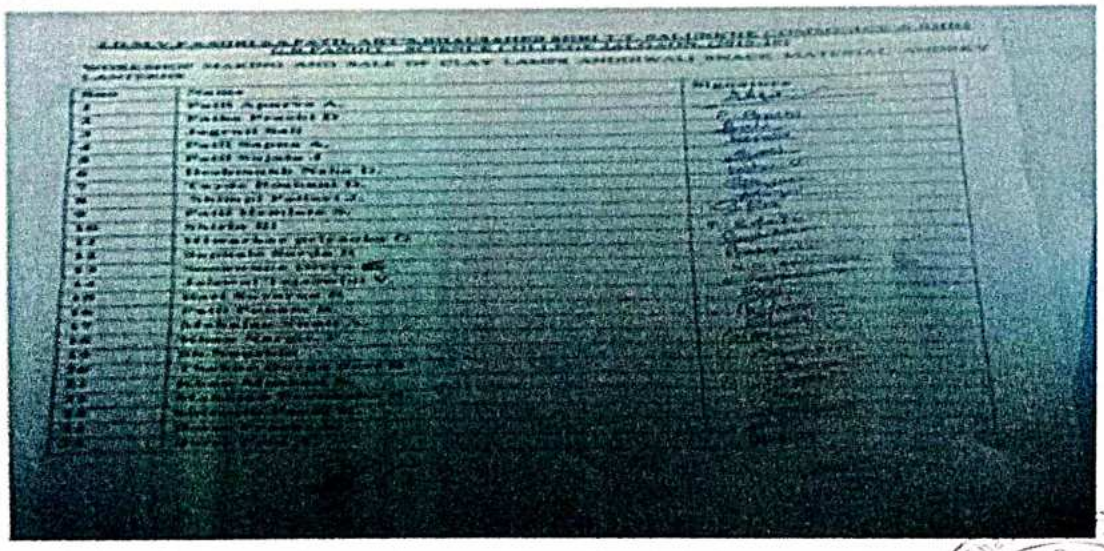
4New ideas of self employment schemes came to their minds.

Preparation and selling of Diwali articles





CLAY DIYASAND SKY LANTERNS



SELF-DEFENSE TRAINING WORKSHOP (24/9/19 TO 1/10/19)

Objectives-

1 To develop self confidence in girl students

2 Be spontaneous.

3 To empower girls.

4To make them able to defend against physical assault.

5 To strive for girls physical and mental health improvement.

Outline-

An eight-day self-defense **training workshop** (24/9/19 to 1/10/19) was organized for the students, in which self-instructor Mr. RajendraJanjale demonstrated self-defense lessons to the students in this program **56** girls are participed.

In this, various punch, kicks, elbow attack, knee attack, etc., were taught to the students through demostation and practical, how to protect themselves in times of trouble. Practice was given by giving lessons on how to protect oneself with the help of materials close by such as stall water bottle college bag etc. On the concluding day, Prof. Bendre was the main presence. Madam Bendre in her speech boosted the morale of the students and wished them well 56 students were participated in this workshop.

Outcomes-

1 Students learn self-defense.

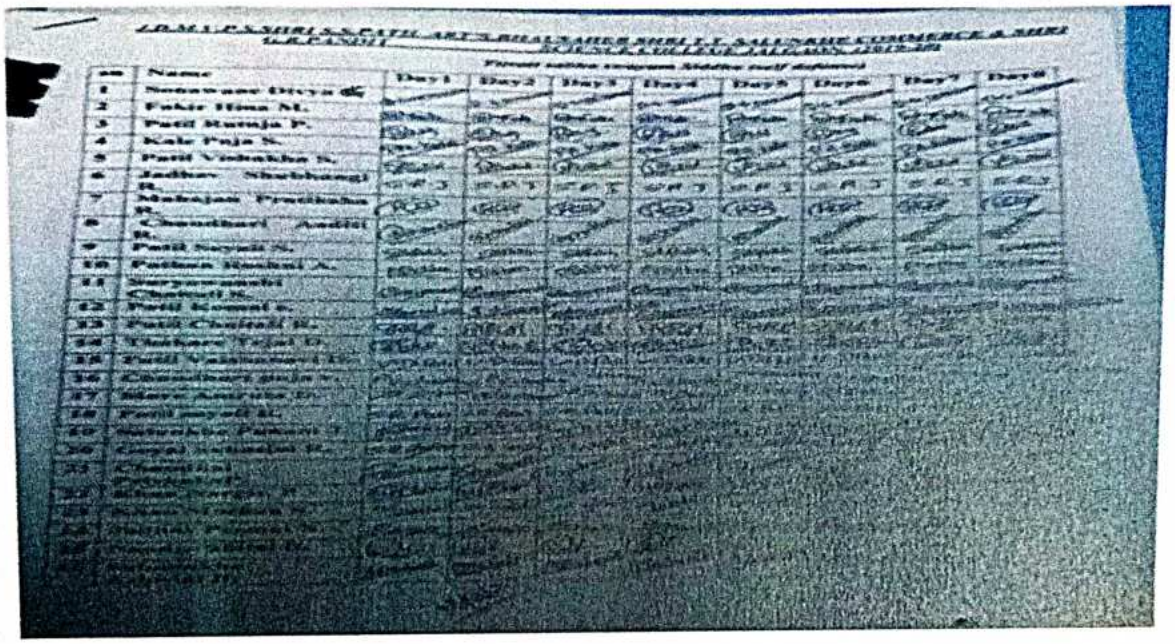
2 Learned to express their own opinion.

3 Learned to participate spontaneous in any activity.

4 Confidence was created among the students.

Self defence training

concluding day- Prof. Bendre addressing the students.



PERSONALITY DEVELOPMENT WORKSHOP-

Objectives-

1 To improve overall personality of the girl students.

2 To develop self confidence in girl students.

3 To reduce stress and conflicts.

4 To increase positive qualities like punctuality, flexible attitude, willingness to learn, friendly nature.

5 Be spontaneous.

6 To empower girls.

Outline-

Personality development workshop was organized for female students in which 70 female students participated. The workshop was inaugurated by Mrs. SangeetaPatil, Director of INIFD. The program was presided over by Hon'ble L.P. Deshmukh, Principal of the college.

The first resource person Mrs. SangeetaPatil guided the students on how to live life and how to achieve what they set their mind to and she also gave supportive answers to the questions of the students. The second resource person Prof. Dr. SudhaKharate gave a lecture on the importance of language in leading happy life and how language can express our thoughts and emotions in various ways. For this she gave examples of various prose and poems and also answered the questions of the students.

The third resource person, Sau.SarikaDafre , Education officer (Govt. of India) guided the girls on how to face the competitive examinations and how to control the stress during the exams.

Fourth resource person Dr. Arti Gore Academic council member KBC NMU gave guidance on yog and stress management as well as yoga and women's health.

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Outcomes-

1Confidence was created among the students.

2 They expressed their thoughts spontaneously while giving feedback.

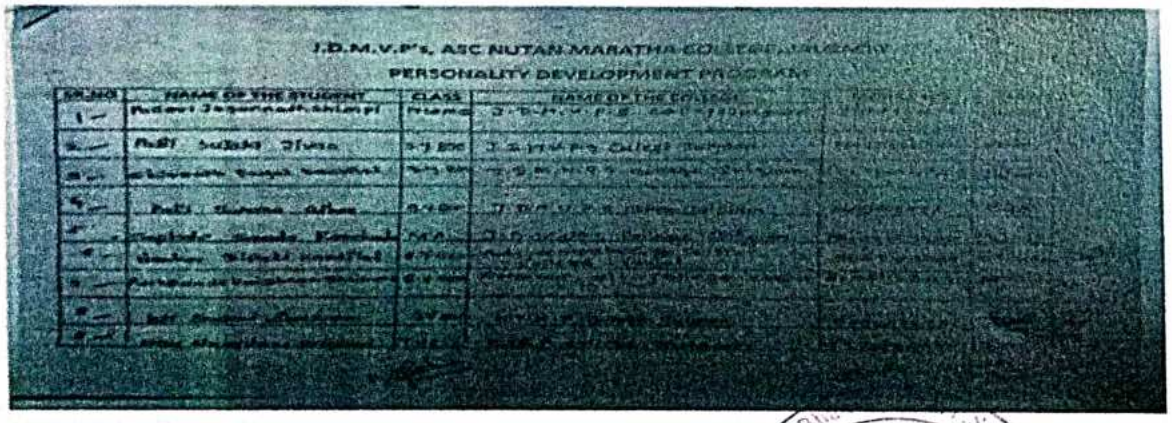
3 openly discussing all the issues with the resource persons.

4 Overcome self-doubt, and be able to assert one self in professional setting.

5 Verbal and non verbal communication abilities increases, active listening, and expressing ideas effectively.

Inauguration of personality development workshop

Mrs. Sarika Dafre & Mrs Arti Gore in a session



J.D.M.V.P's. ASC NUTAN MARATHA COLLEGE JALGAON

PERSONALITY DEVELOPMENT PROGRAM

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J.D.M.V.P's, ASC NUTAN MARATHA COLLEGE, JALGAON

PERSONALITY DEVELOPMENT PROGRAM

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PERSONALITY DEVELOPMENT PROGRAM

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19	Patil Apurva Satyawan	[illegible]	Raje Sambhaji [illegible] Jalgaon
20	Patil Bhagyashri Sunil	[illegible]	J.D.M.V.P.S college [illegible]
21	Mahale Sima mangesh	[illegible]	J.D.M.V.P.S college [illegible]
22	Gavali Nanda Bhika	[illegible]	J.D.M.V.P.S [illegible]
23	Jadhavi Ravindra Gali	[illegible]	[illegible]
24	Vaishnava Balasaheb Tukaram	[illegible]	[illegible]
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Shri S.S. Patil Arts Shri Bhausaheb T.T. Salunkhe Commerce & Shri G.R. Pandit Science College JALGAON

J.D.M.V.P's, ASC NUTAN MARATHA COLLEGE, JALGAON

PERSONALITY DEVELOPMENT PROGRAM

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J.D.M.V.P's, ASC NUTAN MARATHA COLLEGE, JALGAON

PERSONALITY DEVELOPMENT PROGRAM

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PERSONALITY DEVELOPMENT PROGRAM

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J.D.M.V.P's, ASC NUTAN MARATHA COLLEGE, JALGAON

PERSONALITY DEVELOPMENT PROGRAM

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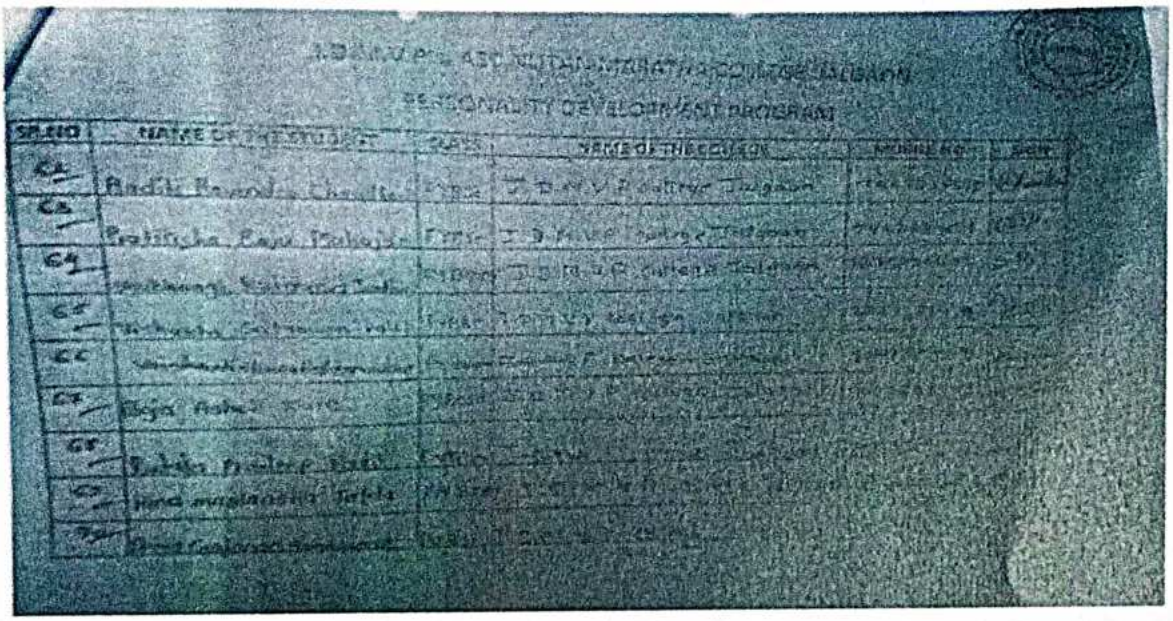

J.D.M.V.P.S. ASC SHRI BHAUSAHEB T.T. SALUNKHE COLLEGE JALGAON

PERSONALITY DEVELOPMENT PROGRAM

SR.NO	NAME OF THE STUDENT	CLASS	NAME OF THE EDUCATOR	MOBILE NO	SIGN
01	Pandit Ravindra Chandra	[illegible]	J.D.M.V.P. College Jalgaon	[illegible]	[illegible]
02	Pratiksha Ravi Mahajan	[illegible]	J.D.M.V.P. College Jalgaon	[illegible]	[illegible]
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06	Rajni [illegible]	[illegible]	[illegible]	[illegible]	[illegible]
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Many students get self- employment opportunity through service provider unit of the college like many students provide home service of beauty parlor and also stitch beautiful clothes

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Shri.G.R.Pandit Science College,Jalgaon

Shri S.S.Patil Arts,Shri Bhausaheb T.T.Salunkhe Co. Shri.G.R.Pandit Science College JALGAON

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& SHRI G.R.PANDIT SCIENCE COLLEGE JALGAON.

A REPORT

OF

YUVATI SABHA

(YEAR-2018-2023)

J.D.M.V.P.S.SHRI S.S.PATIL ART'S,BHAUSAHEB

SHRI T.T. SALUNKHE COMMERCE

& SHRI G.R.PANDIT SCIENCE COLLEGE JALGAON.

YUVATI SABHAREPORT-2018-19

Inauguration and lecture on gender equity

Objectives-

To educate the students about gender, what is gender equity. To creat a sense of equality in the mind of girt students. Trying to remove the stereotypes about gender in their minds.

Outline

Academic year 2018 yuvatisabha was inaugurated by DrUsha Shah of AndhashraddhaNirmulansamiti, who guided the students on gender equity and wished them good luck for the future.Mrs. SandhyaSuryavanshi an entrepreneur was also present. The program was organized by Dr.M.S.Patil.

More than 50 girls students were presents for this lecture.

Outcomes-

1The students got to know about gender equity.

2 A sense of equality arose in their minds.

3 Awareness of own rights and duties in society.

Inaguration and lecture on gender equity by DrUsha Shah..(14/8/2018)

Inaguration and lecture on Gandhi [illegible]

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Slogan competition on BETI BACHO BETI PADHAO-

Objectives-

Crete awareness of sexual ratio disturbances among female students and also enhance women empowerment while eliminating gender- based inequalities while also safeguarding girl children.

Outline-

On first September the students submitted slogans. 21 students participated in it.

Outcomes-

Students were made aware of sexual ratio balance, got information about female feticide and express their thoughts through slogans.

WORKSHOP MAKING AND SALE OF CLAY LAMPS AND GREETING CARDS-

Objectives-

To inculcate the tendency of self employment among the girl students and help them to become self- reliant.

Outline-

The students were trained in the college to bring earthen lamps and decorate them and make greeting cards and all those materials were sold in the college. 19 girls participated in this activity. The financial benefits from the sale was given to all the participating students.

Outcomes-

1 An attitude of self-employment was formed among the girl students.

2 From the point of view of employment different ideas were formed in their minds.

3 Due to financial gain, confidence was created in them.

WORKSHOP MAKING AND SALE OF CLAY LAMPS AND GREETING CARD

YOGA FOR HEALTH (26-9-18 to 03-10-18)

Objectives-

Prepare the students physically and mentally for the integration of their physical, mental and spiritual faculties so that the students can become healthier, saner and more integrated members of the society and of the nation.

Outline-

Yoga teacher Dr.MadhuriPatil and National player of yoga JanhaviPatil gave information and demonstration on all subjects of health, mental development, yoga and employment creation in eight days. Yoga bhushan Anita Patil was present on the concluding day.

On the first day, the importance of yogasana for staying healthy as well as diversity and how yogasana treat various diseases were explained with a demonstration.

On second day, supplements for mental development, eye exercises, exercises for peace of mind, meditation, shavasana, makarasana were explained with demonstration.

On the third day pranayam meditation to supplement was said to increase memory.

On last day, yoga is a form of sports and information was given about making athletes, various yoga competition and about yoga trainer.

Outcomes-

1 Understand how to increase concentration.

2 The tendency to practice yoga was awakened among the students.

3 Realized the importance of yoga for the treatment of various diseases.

4 The importance of employment generation from yoga was realized.

5 The student got ready to practice yoga every day.

yogasana demonstration

Yoga bhushan Anita Patil was present on the concluding day.

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SWAVYUM SIDDHA TRAINING-

Objectives-

1 To develop self confidence in girl students

2 Be spontaneous,

3 To empower girls,

4To make them able to defend against physical assault,

5 To strive for girls physical and mental health improvement,

Outline-

The swavyum Siddha trainer Mr. RajendraJanjale trained the girls for eight days(15/12/18 to 22/12/18) in which he taught the girls different types of punches, how to defend themselves using elbow and knees, and hand-on learning how to defend themselves with the help of available materials such as water bottle, bag etc. Also taught how to protect oneself when attacked. More than 50 students were participated in this.

Outcomes-

1 Students learn self defense.

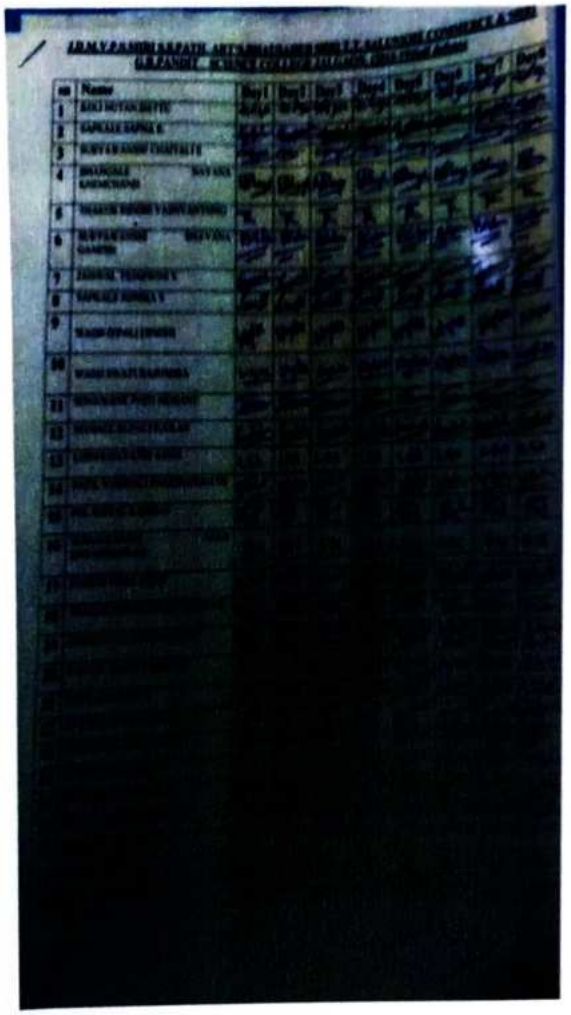
2 Learned to express their own opinion.

3 Learned to participate spontaneous in any activity.

4 Confidence was created among the students.

Rajendra Janjale Explain with practical

Self defense training by Rajendra Janjale



ICT TREANING- (SavitribaiPhulejayanti)-

Objectives-

1 To create awareness of technology among students.

2 Educate students to use computer.

3 To inform students about new technologies.

Outline-

With the help of faculty members of Computer Department students were trained to make power point presentation on computer with the aim of inspiring computer knowledge to the students and teaching new technology.

Outcomes-

1Students learn computer hands on.

2 Students got to know about the internet

3 Students were able to make PPT. 21 students participated in this.

ICT TRAINING (PPT) by Mayuri Pawwar

Arts, Shri Bhausaheb T.T.Salunkhe Commerce G.R.Pandit Science College JALGAON

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