

JALGAON DISTRICT MARATHA VIDYA PRASARAK SAMAJ'S

SHRI.S.S.PATIL ARTS, SHRI.BHAUSAHEB T.T. SALUNKHE COMMERCE AND SHRI.G.R.PANDIT SCIENCE COLLEGE, JALGAON (M.S.)

(NUTAN MARATHA COLLEGE, JALGAON)

E-Mail :- jdmvp.prin@gmail.com

Web :- htpp://www.jdmvpascjal.ac.in

Dr.L.P.Deshmukh (M.Sc.Ph.D) Principal

Re.No.NMCJ/20 -20

Date:

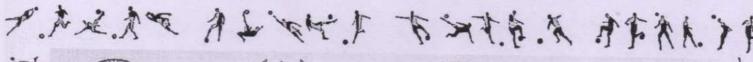
5.1.2 Following capacity development and skills enhancement activities are organised for improving students' capability for Educational year 2021-22 (soft copy of brochure/web link to particular programme/photograph with date and caption for each event)

| Sr. No. | Name of the capacity development and skills enhancement program | Period (from date - to date) |
|---------|---|------------------------------|
| 1 | University Online Workshop on Physical Education | 15th July to 20July 2021 |
| 2 | One day Olympic Workshop | 05-Aug-21 |
| 3 | One Day National Webinar on Sports | 03 Sept. 2021 |
| 4 | 01 Week National Workshop on Fit India Movement | 27 Sept. to 02 Oct. 2021 |
| 5 | Suryanmaskar, Yoga Practice and Health (Online) | 12-02-2022 |



PRINCIPAL J.D.M.V.P.S.

Shri S.S.Patil Arts, Shri Bhausaheb T.T.Salunkhe Commerce and Shri.G.R.Pandit Science College, Jalgaon











15 जुलै ते 20 जुलै 2021

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15 July



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मारुती आडकर ऑतिम्पिक वीर कुस्ती

16 July



हेमंत डोणगावकर अंतरराष्ट्रीय खेळाडु व मार्गदर्शक बॉडी बिल्डींग

17 July



कविता राऊत ऑतिम्पिक ॲथलेटीक्स

18 July



नवनाथ फरताडे वर्ल्ड चॅम्पीयन शुटींग

19 July



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कवियत्री बहिणाबाई चौधरी उत्तर महाराष्ट्र विद्यापीठ, जळगाव

जिल्हा क्रीडा अधिकारी कार्यालय, जळगाव श्री. व्ही. एस. नाईक महाविद्यालय, रावेर न्तन मराठा महाविद्यालय, जळगाव

यांचे संयुक्त विद्यमाने

On Zoom APP



You Tube Live Dt. 15 to 20 July 2021



आयोजन समिती



डॉ. एल पी. देशमुख प्राचार्य - नुतन मराठा, व्यवस्थापन परिषद सदस्य



डॉ. पी. व्ही. दलाल प्राचार्य श्री व्ही.एस. नाईक महाविद्यालय



डॉ. दिनेश पाटील क्रीडा संचालक क.य.ची.उ.प.बि., जळगाव



श्री. मिलींद दिक्षित जिल्हा क्रीडा अधिकारी

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प्रा. सुभाष वानखेडे शा.शि. संचालक नृतन मराठा महाविद्यालय



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PRINCIPAL

ri.S.S.Patil Arts, Shri Bhausaheb T.T.Salunkh Commerce & Shri G.A.Pandit Science College Jalgaon















Kavayitri Bahinabai Chaudhari North Maharashtra University, Jalgaon District Sports Office, Jalgaon & Olympic Awareness Committee, Jointly Organize

Celebration of 75 Years of India's Independence "Azadi ka Ameit Mahotsaw"

1 WEEK NATIONAL WORKSHOP ON EHI INDIA MOVEMENTE

Date - 27th Sep. 2021 to 2nd Oct . 2021 | Time - 11 am to 1 pm

27 Sep.



Diet & Sports Nutrition Dr. Birendra Jhajharia LNIPE, Gwalior

28 Sep.



Sports Psycology Dr. Aparna Ashtaputre Sisode Dr. B.A.M.U., Aurangabad

29 Sep.



Training & Fitness Suyash Burkal Nashik

30 Sep.



Yoga Shri. Sachin Patil Burhanpur

1 Oct.



Sports Physiotheraphy Dr. Anil Karvande Nagpur



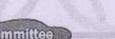


Debate

on Sports

INDIA

Organizing Committee







You Tube Live



Dr. L.P. Deshmukh Principal Nutan Maratha College Member of Management Discouncil KBCMMU Webson



Principal Shri V. S. Naik College, Raver



Dr. Dinesh Patil Director of Sports KBCNMU. Jalgaon



Mr. Milind Dixit District Sports Officer Jalgaon



Prof.Subhash Wankhade Director of Phy. Edu. Nutan Maratha College, Jaigaon



Wesh gatifs Shri V. S. Naik College Raver



or Anand Upadhyay Director of Phy. Edu. Nahala College Bhusawa!



Dr. Chand Khan Director of Phy., Edu. H.J. Thim Arts & Sci. College, Jalgaon





Dr. Devendra Dhakad Dr. Priyanka Sulakhe Director of Pily, Edu. Poretto O'RACCU.

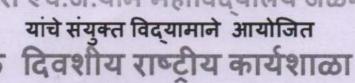


Dr. Mahesh Patil Director of Phy, Edu Stadisable atil A MS Shirk Olivery Salver T. ARS Saink Arts Com.
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ऑलिम्पिक जागरण समिती आणि

इकरा एच.जे.थीम महाविदयालय जळगांव

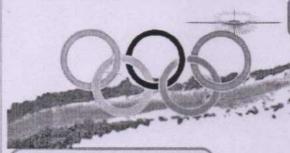








ऑलिम्पिक जागरण







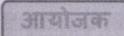


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प्रा. डा. उदय डोगरे क्रीडा विभाग प्रमुख, शिवाजी कला, वाणिज्य व विज्ञान महाविद्यालय,कन्नड

दिनांक : ०५ ऑगष्ट २०२१ रोजी







डॉ. एल. पी. देशमख प्राचार्य, नृतन मराठा महाविदयालय व व्यवस्थापन परिषद क.ब.चौ.उ.म.वि.जळगाव



डॉ. पी.व्ही.दलाल प्राचार्य,श्री. व्ही. एस. नाईक महाविदयालय, रावेर



डॉ. सयेद शुजाअत अली प्राचार्य, इकरा एच. जे. थीम कॉलेज जळगांव



डॉ. दिनेश पाटील क्रीडा संचालक, क.ब.चौ.उ.म.वि. जळगाव

ZOOM MEETING ID: 410 040 8292 PASSWORD: 123



प्रा.डॉ. चांद खान शा. शि. संचालक, इकरा एच. जे शीम कालेज जळगांव



प्रा. सभाष वानखंडे शा. शि. संचालक, नूतन मराठा महाविदयालय, जळगाव



प्रा. उमेश पाटील शा. शि. संचालक, श्री व्ही. एस. नाईक महाविद्यालय, रावेर



JOIN US ON;

Zoom Meeting link:

Youtube URINCIPAL

https://youtu.be/FSca.shr 8hall aheb T.T.Salunkhe ommerce & Shri G.R.Pandit Science College

Jalgaon

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दादासाहेब रावल महाविद्यालय, दॉडाईचा. ता. शिवस्वेडा, जि. धुळे (महाराष्ट्र) ४२५४०८

One Day National Webinar on Sports - 2021

रिजांक ०३ स्टर्ट. २०२९



केळ- सळामारी ०१:०० माजसा

आमचे आधार रतंभ



संस्थापक अध्यक्त स्मोद्धारक विद्यार्थी संस्थ

















विशेष सहकार्य





आयोजन समिती

लयातील सर्व प्राच्यापक आणि विक्राकेलर कर्जवारी व ऑलंपिक आगरण समिती-२०२१, अळगाव

Registration Link:

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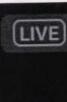
ccessful feedback of the workshop you will get e-certificate on your email.

PRINCIPAL

Thri.S.S.Patil Arts, Shri Bhausaheb T.T.Salunkhe Commerce & Shri G.R.Pandit Science College Jalgaon



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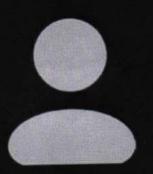












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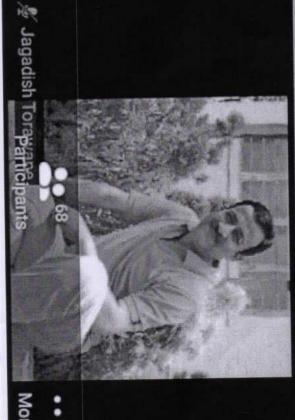
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Prin.Dr.Laxman Deshmukh



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Shri.S.S.Patil Arts, Shri.Bhausaheb T.T.Salunkhe (Nutan Maratha) College, Jalgaon. (M.S.) Commerce and Shri.G.R. Pandit Science J.D.M.V.P. Samaj's

॥ अंतरी पेटबू ज्ञानज्योत ॥ कवियत्री बहिणाबाई चौधरी उत्तर महाराष्ट्र विद्यापीठ, जळगाव

Kavayitri Bahinabai Chaudhari North Maharashtra University, Jalgaon

क्रीडा विभाग

जा.क्र. कबचौउमवि/क्रीडा/ 16 /2021

प्रति.

मा. प्राचार्य/संचालक,

कवियत्री बहिणाबाई चौधरी उत्तर महाराष्ट्र

विद्यापीठाशी संलग्नीत सर्व महाविद्यालये व संस्था यांना सविनय सादर..

विषय :- "ऑलम्पिक जागरण" या उपक्रमात सहभागी होऊन टोकियो ऑलम्पिक त्पर्धेत सहभागी होणाऱ्या राज्यातील व देशातील खेळाळूंना शुभेच्छा देणेबाबत..

महोदय.

उपरोक्त विषयान्वये दि. 23 जुलै ते 05 सप्टेंबर,2021 दरम्यान टोंकियो येथे होणाऱ्या ऑलम्पिक स्पर्धेत महाराष्ट्र राज्याचे 10 खेळाडूंसह देशातील इतर खेळाडू सहभागी होणार आहेत. या खेळाडूंना शुभेच्छा व प्रोत्साहन देण्यासाठी महाराष्ट्र राज्यातील खेळाडूंसोबतच देशातील सहभागी खेळाडूंना अधिकाअधिक प्रोत्साहन मिळावे, त्यांचे मनोबल वाढवावे तसेच कोविड-19 च्या प्रादुर्भाव कमी होत असतांना खेळाचे वातावरण निर्मिती व्हावी. याकरीता सर्वोनी प्रयत्न करणे गरजेचे आहे.

कविषत्री बहिणाबाई चौधरी उत्तर महाराष्ट्र विद्यापीठ, जळगाव, जिल्हा क्रीडा अधिकारी कार्यालय, जळगाव , जिल्हा मराठा विद्याप्रसारक सहकारी समाज संचिलत नृतन मराठा महाविद्यालय, जळगाव तसेच रावेर परिसर शिक्षण प्रसारक मंडळ संचिलत श्री. विञ्चलराव शंकरराव नाईक महाविद्यालय, रावेर यांचे संयुक्तिक विद्यमाने "ऑलम्पिक जागरण" हा उपक्रम दि. 15 ते 20 जुले,2021 या दरम्यान सकाळी 8.00 ते 10.00 या वेळेत Online Zoom App, youtube Live होणार असून विविध क्रीडा प्रकाराचे माजी ऑलम्पिक व आंतरराष्ट्रीय खेळाडू मागंदर्शन करणार आहेत. कार्यक्रमात सहभागी व्यक्तींनी आपली माहिती भरुन प्रमाणपत्र प्राप्त करून घ्यावयाचे आहे. तसेच Link प्राप्त होण्यासाठी प्रा.उमेश पाटील 9730623497 व प्रा.सुभाष वानखडे 8605704535 या whatsapp गृपवर नॉदणी करावी.

या कार्यक्रमाचे उद्घाटन विद्यापीठाचे मा. प्रभारी कुलगुरु ई. वायुनंदन यांचे हस्ते Online पध्दतीने होणार असून या प्रसंगी मा. प्र. कुलसचिव व इतर मान्यवर उपस्थित राहणार असून आपल्या महाविद्यालयातील गा.िष.संचालक, प्राध्यापक,शिक्षक, शिक्षकेत्तर कर्मचारी, सर्व खेळाडू व क्रीडा प्रेमी यांना Online पध्दतीने उपस्थित राहण्यास आपल्या स्तरावरुन सूचना द्याव्यात ही विनंती.

कळावे-धन्यवाद!

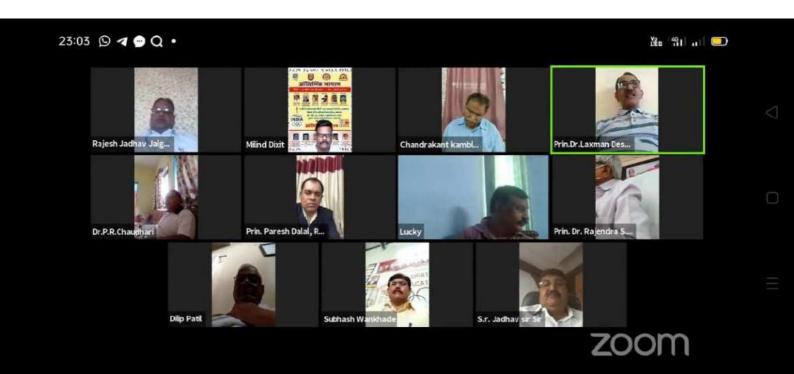
आपला विश्वास.

ਰਿਗੁਂਡ: 10/07/2021

(जॉ.दिनेश पारील)

कीडा संचालक





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Milind Dixit

S.r. Jadhav sir Sir

Subhash Wankhade

A P Patil

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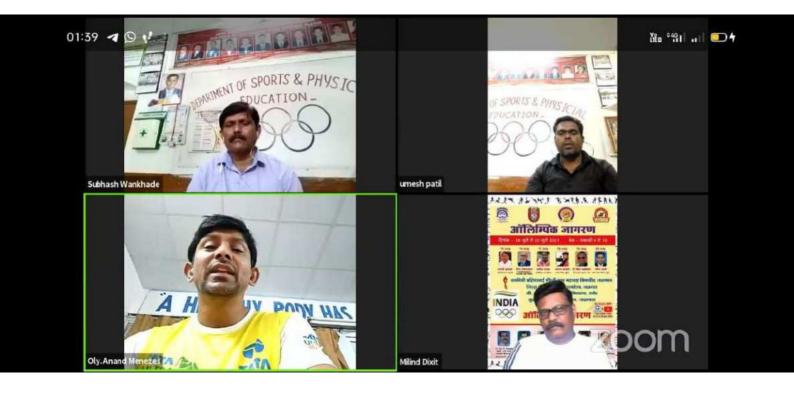
Milind Dixit

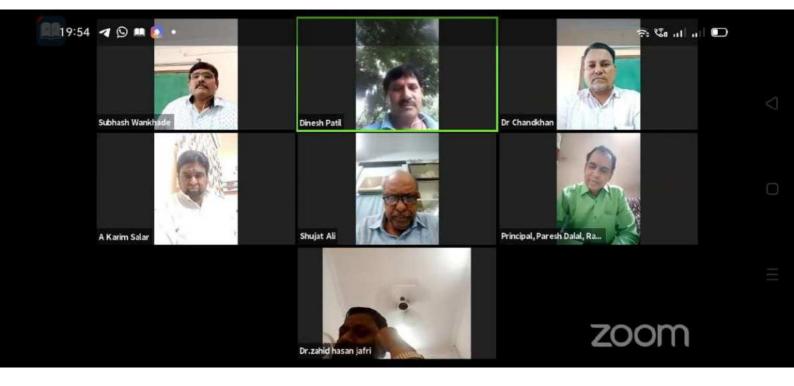
S.r. Jadhav sir Sir

Subhash Wankhade

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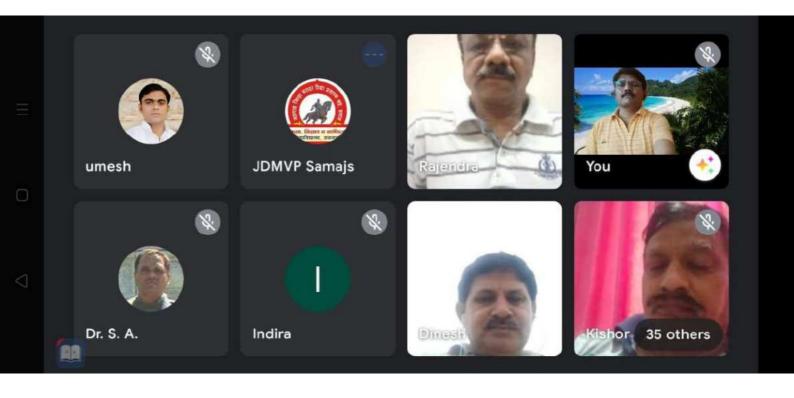


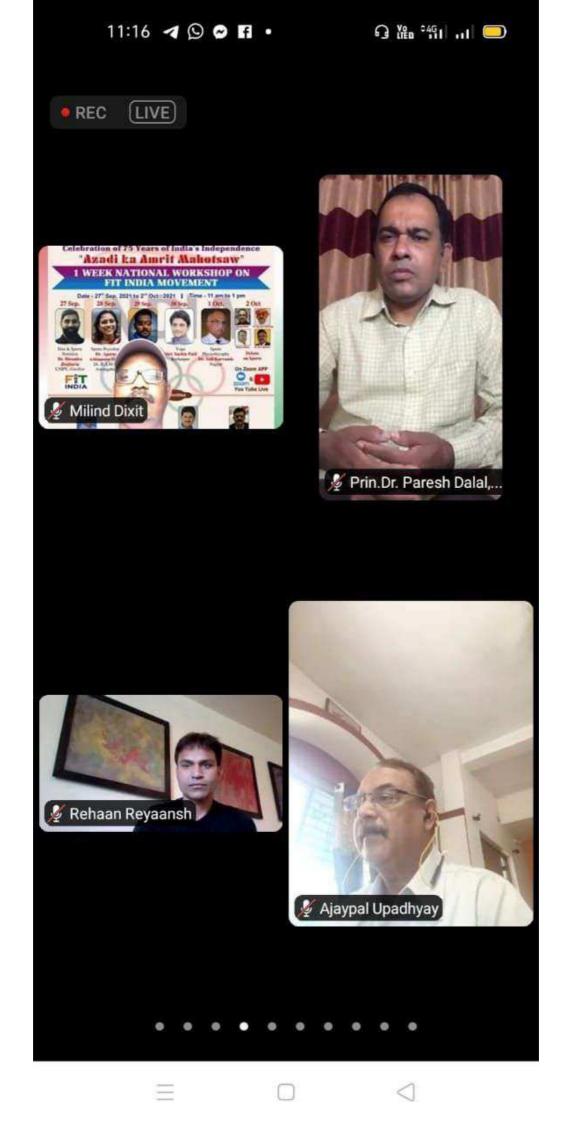


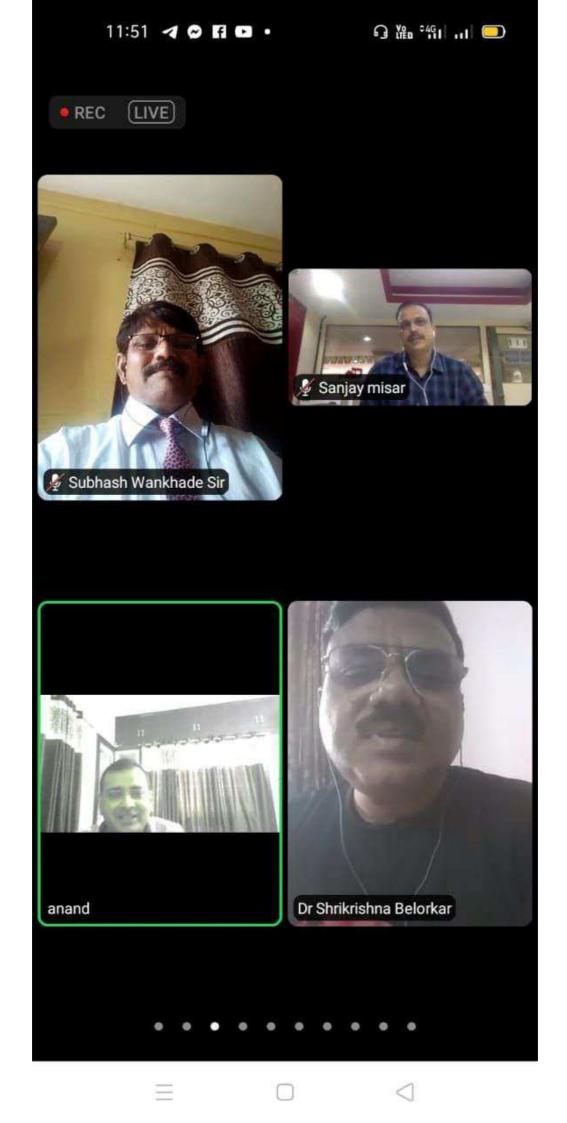


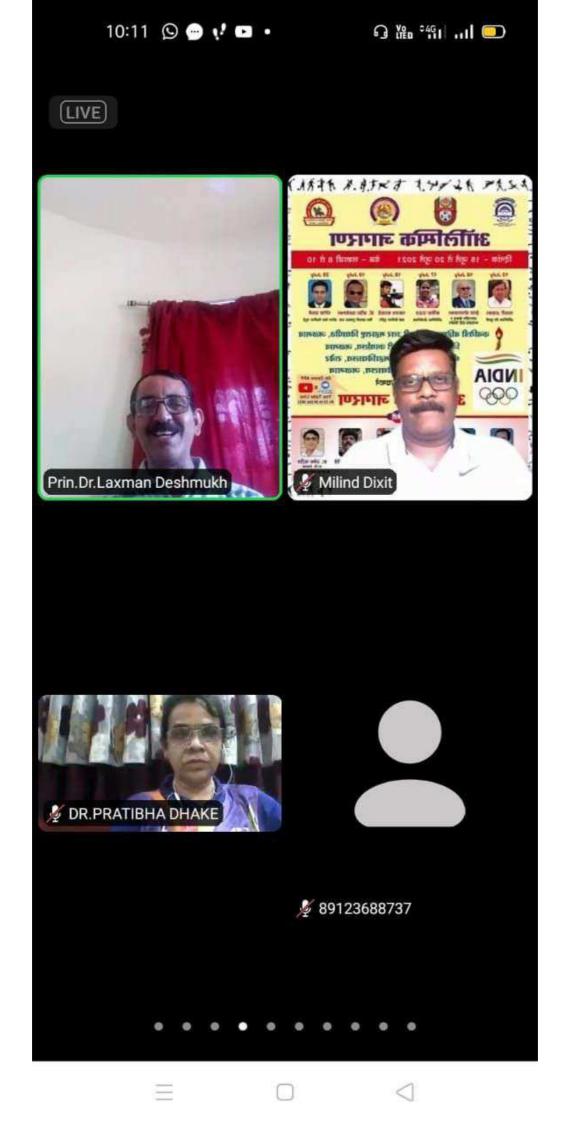


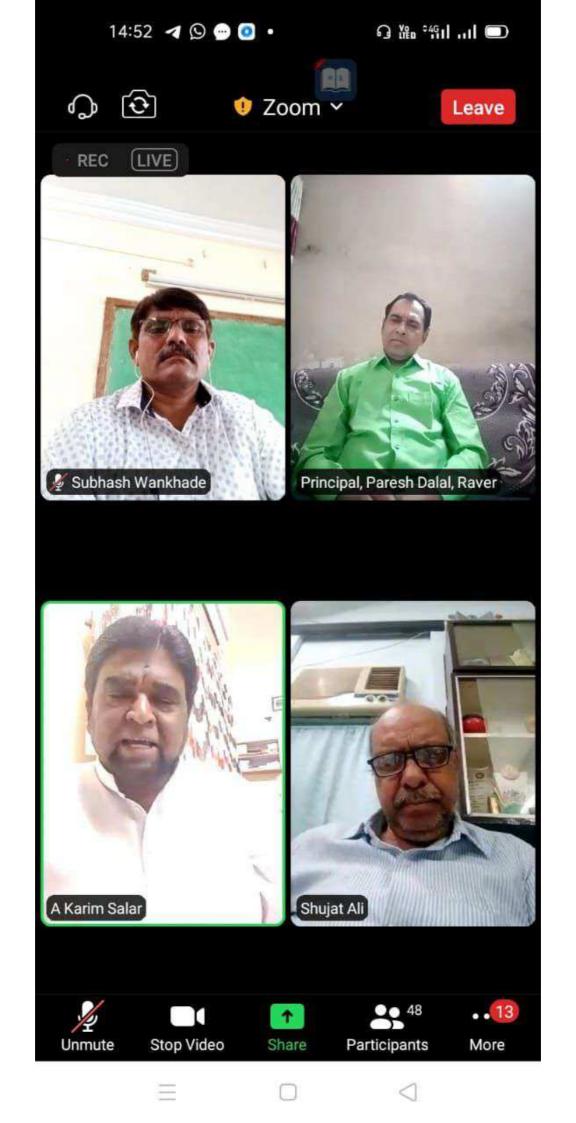
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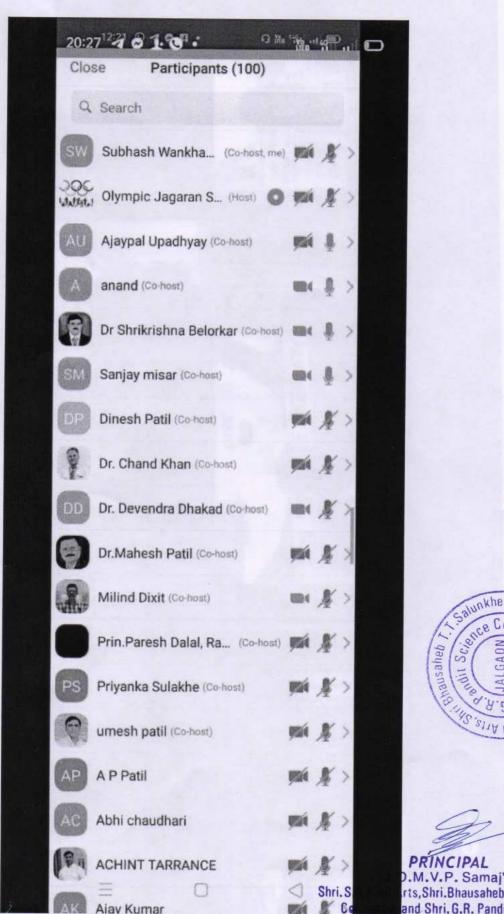














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(Nutan Maratha) College, Jalgaon. (M.S.)

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Shri.S.S.Patil Arts, Shri.Bhausaheb T.T.Salunkhe
Commerce and Shri.G.R. Pandit Science
[Nutan Maratha] College, Jalgaon. (M.S.)

SURYANAMASKAR, YOGA PRACTICE AND HEALTH(Onlile)-

Objectives-

Prepare the students physically and mentally for the integration of their physical, mental and spiritual faculties so that the students can become healthier, saner and more integrated members of the society and of the nation.

Outline-

On 15/2/2022 Dr.Leena Chaudhari -Ass. Prof. - Yoga Guidance center KBC NM university Jalgaon.guided about the importance of Surya Namaskar on Yoga practice and health and give guidance on the importance of yoga and health, 41 girls participed. Satisfactory answers the questions were given by her in this program. The chair person of the program was principal of the College Dr.L.P.Deshmukh The program was conducted online.

Outcomes-

- I Understand importance of suryanamaskar.
- 2 The tendency to practice yoga was awakened among the students.
- 3 Realized the importance of yoga for the treatment of various diseases.
- 4 Understand importance of yoga to increase concentration positive approch and happiness.
- 5 The student got ready to practice yoga every day.





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SELF-DEFENSE WORK SHOP-

Objectives-

- 1 To develop self confidence in girl students
- 2 Be spontaneous.
- 3 To empower girls.
- 4To make them able to defend against physical assault.
- 5 To strive for girls physical and mental health improvement.

35/48

PRINCIPAL
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Commerce and Shri.G.R. Pandit Science
(Nutan Maratha) College, Jalgaon. (M.S.)

- 2 To develop self confidence in girl students.
- 3 To reduce stress and conflicts.
- 4 To increase positive qualities like punctuality, flexible attitude, willingness to learn, friendly nature.
- 5 Be spontaneous.
- 6 To empower girls.

Outline-

Personality development workshop was organized for female students in which 70 female students participated. The workshop was inaugurated by Mrs. SangeetaPatil, Director of INIFD. The program was presided over by Hon'ble L.P. Deshmukh, Principal of the college.

The first resource person Mrs. SangeetaPatil guided the students on how to live life and how to achieve what they set their mind to and she also gave supportive answers to the questions of the students. The second resource person Prof. Dr. SudhaKharate gave a lecture on the importance of language in leading happy life and how language can express our thoughts and emotions in various ways. For this she gave examples of various prose and poems and also answered the questions of the students.

The third resource person, Sau.SarikaDafre, Education officer (Govt. of India) guided the girls on how to face the competitive examinations and how to control the stress during the exams.

Fourth resource person Dr. Arti Gore Academic council member KBC NMU gave guidance on yog and stress management as well as yoga and women's health.



Outcomes-

1Confidence was created among the students.

J.D.M.V.P. Samaj's Shri.S.S.Patil Arts, Shri.Bhausaheb T.T.Salunkhe

Commerce and Shri.G.R. Pandit Science

- 2 They expressed their thoughts spontaneously while givithman Maratha College, Jalgaon. (M.S.)
- 3 openly discussing all the issues with the resource persons.
- 4 Overcome self-doubt, and be able to assert one self in professional setting.
- 5 Verhal and non-verhal communication abilities increases active listening and

J.D.M.V.P.S.SHRI S.S.PATIL ART'S, BHAUSAHEB

SHRITT. SALUNKHE COMMERCE

& SHRI G.R.PANDIT SCIENCE COLLEGE JALGAON.

YUVATI SABHA REPORT-2020-21

In the academic year 2020-21, the entire world was gripped by CORONA pandemic.

Online lecture on Yoga

Objectives-

- I To build powerful physical, mental and spiritual health system.
- 2To increase strength and concentration, Positivity and happiness.
- 3 Reduce stress.
- 4Reduce depression

Outline.

On 2/1/21 online lecture was organized yoga specialist Dr. Sonar give lecture on-sukhijevanjagnya cha Raj yog, 36 girls are participed.

Outcomes.

- I For Physical, mental and spiritual heath they started looking at yoga.
- 2 They learned various yoga practices to reduce stress and depression.
- .3 Positive attitudes, happiness increased in them.

E7/48





PRINCIPAL
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Commerce and Shri.G.R. Pandit Science
(Nutan Maratha) College, Jalgaon. (M.S.)

YOGA FOR HEALTH (26-9-18 to 03-10-18)

Objectives-

Prepare the students physically and mentally for the integration of their physical, mental and spiritual faculties so that the students can become healthier, saner and more integrated members of the society and of the nation.

Outline-

Yoga teacher Dr.MadhuriPatil and National player of yoga JanhaviPatil gave information and demonstration on all subjects of health, mental development, yoga and employment creation in eight days. Yoga bhushan Anita Patil was present on the concluding day.

On the first day, the importance of yogasana for staying healthy as well as diversity and how yogasana treat various diseases were explained with a demonstration.

On second day, supplements for mental development, eye exercises, exercises for peace of mind, meditation, shavasana, makarasana were explained with demonstration.

On the third day pranayam meditation to supplement was said to increase memory.

On last day, yoga is a form of sports and information was given about making athletes, various yoga competition and about yoga trainer.

Outcomes-

- I Understand how to increase concentration.
- 2 The tendency to practice yoga was awakened among the students.
- 3 Realized the importance of yoga for the treatment of various diseases.
- 4 The importance of employment generation from yoga was realized.
- 5 The student got ready to practice yoga every day.

7/48



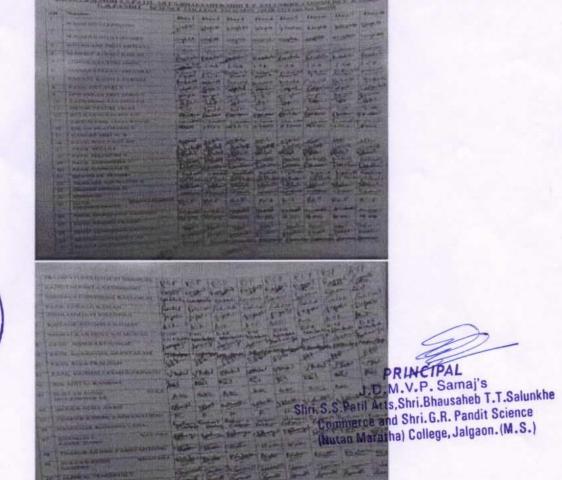




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Yoga bhushan Anita Patil was present on the concluding day.



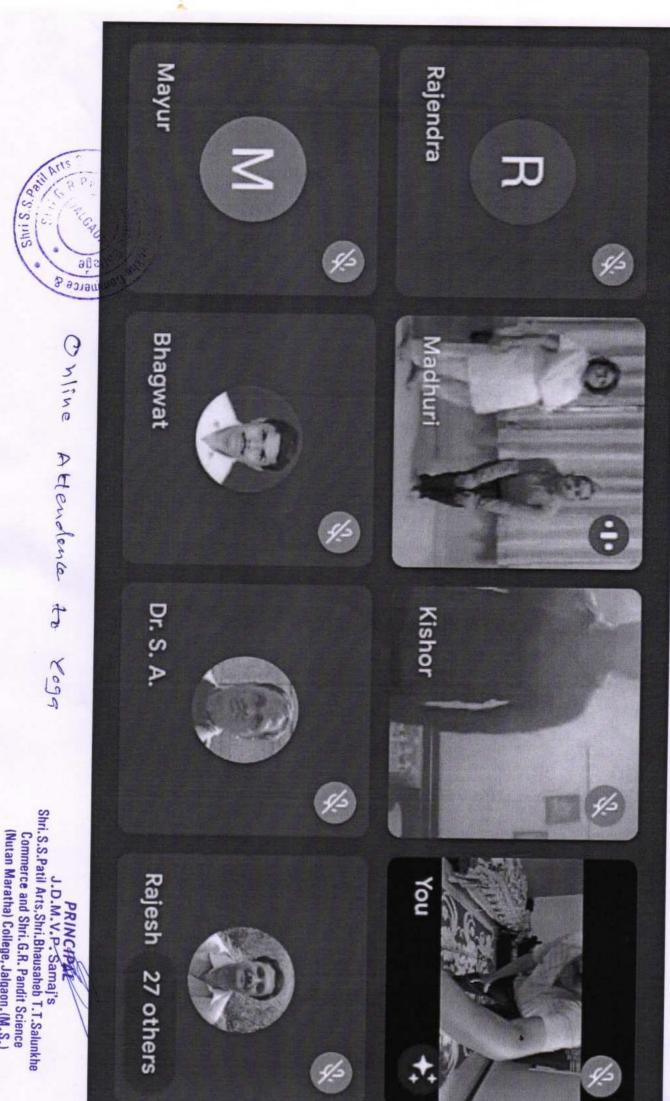






Dr. Machini Patis

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Mayur Rajendra \leq J 4/2 Bhagwat R. Pandir Sc. VAICA Kishor Dr. S. A. Rajesh 27 others

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J.D.M.V.P. Sama's

Practising tos Med.S.Shri Bha J.D.M.V.P. Samaj's
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