Jalgaon District Maratha Vidya Prasarak Samaj's Shri. S. S. Patil Arts, Shri. Bhausaheb T. T. Salunkhe Commerce and Shri. G. R. Pandit Science College Jalgaon (M.S.) (Nutan Maratha College)

WOMEN EMPOWERMENT, AWARNESS AND HEALTH



REPORTS

OF

WOMEN EMPOWERMENT, AWARNESS AND HEALTH

J.D.M.V.P.S.SHRI S.S.PATIL ART'S,BHAUSAHEB SHRI T.T. SALUNKHE COMMERCE

& SHRI G.R.PANDIT SCIENCE COLLEGE JALGAON.



A REPORT

OF

WOMEN EMPOWERMENT, AWERNESS AND HEALTH

(YEAR-2018-2023)

OBJECTIVES:

- 1 To improve overall personality of the girl students.
- 2. To reduce stress and conflicts.
- 3. To increase positive qualities like punctuality, flexible attitude, willingness tolearn, friendly nature.
- 4. Be spontaneous.
- 5. To empower girls.
- 6. To make them able to defend against physical assault.
- 7. To strive for girls physical and mental health improvement.
- 8. To inculcate the tendency of self-employment among female students
- 9. To develop self confidence in girl students.

COMMITTEE MEMBERS

1	Dr.MadhuriSatishPatil	Chairman
2	Mrs. SmitaDeshmukh	Member
3	Dr.J.P.Sontakke	Member
4	Mrs. LalitaHingonekar	Member
5	Mrs. Kamal B. Patil	Member

<u>J.D.M.V.P.S.SHRI S.S.PATIL ART'S,BHAUSAHEB</u> <u>SHRI T.T. SALUNKHE COMMERCE</u> <u>& SHRI G.R.PANDIT SCIENCE COLLEGE JALGAON.</u>

2018-19

Inauguration and lecture on gender equity

Objectives-

To educate the students about gender, what is gender equity. To creat a sense of equality in the mind of girt students. Trying to remove the stereotypes about gender in their minds.

Outline

Academic year 2018 yuvatisabha was inaugurated by Dr Usha Shah of Andhashraddha Nirmulan samiti, who guided the students on gender equity and wished them good luck for the future.Mrs. SandhyaSuryavanshi an entrepreneur was also present. The program was organized by Dr.M.S.Patil.

More than 50 girls students were presents for this lecture.

Outcomes-

1The students got to know about gender equity.

- 2 A sense of equality arose in their minds.
- 3 Awareness of own rights and duties in society.



Inaguration and lecture on gender equity by DrUsha Shah..(14/8/2018)

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Slogan competition on BETI BACHO BETI PADHAO-

Objectives-

Crete awareness of sexual ratio disturbances among female students and also enhance women empowerment while eliminating gender- based inequalities while also safeguarding girl children.

Outline-

On first September the students submitted slogans. 21 students participated in it.

Outcomes-

Students were made aware of sexual ratio balance, got information about female feticide and express their thoughts through slogans.

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WORKSHOP MAKING AND SALE OF CLAY LAMPS AND GREETING CARDS-

Objectives-

To inculcate the tendency of self employment among the girl students and help them to become self- reliant.

Outline-

The students were trained in the college to bring earthen lamps and decorate them and make greeting cards and all those materials were sold in the college.19 girls participated in this activity. The financial benefits from the sale was given to all the participating students.

Outcomes-

1 An attitude of self-employment was formed among the girl students.

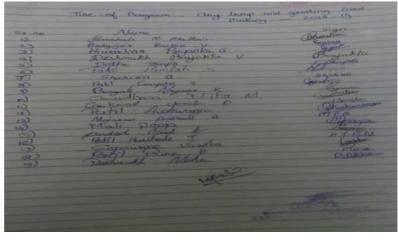
2 From the point of view of employment different ideas were formed in their minds.

3 Due to financial gain, confidence was created in them.





WORKSHOP MAKING AND SALE OF CLAY LAMPS AND GREETINGCARD



YOGA FOR HEALTH (26-9-18 to 03-10-18)

Objectives-

Prepare the students physically and mentally for the integration of their physical, mental and spiritual faculties so that the students can become healthier, saner and more integrated members of the society and of the nation.

Outline-

Yoga teacher Dr.MadhuriPatil and National player of yoga JanhaviPatil gave information and demonstration on all subjects of health, mental development, yoga and employment creation in eight days. Yoga bhushan Anita Patil was present on the concluding day.

On the first day, the importance of yogasana for staying healthy as well as diversity and how yogasana treat various diseases were explained with a demonstration.

On second day, supplements for mental development, eye exercises, exercises for peace of mind, meditation, shavasana, makarasana were explained with demonstration.

On the third day pranayam meditation to supplement was said to increase memory.

On last day, yoga is a form of sports and information was given about making athletes, various yoga competition and about yoga trainer.

Outcomes-

1 Understand how to increase concentration.

2 The tendency to practice yoga was awakened among the students.

- 3 Realized the importance of yoga for the treatment of various diseases.
- 4 The importance of employment generation from yoga was realized.

5 The student got ready to practice yoga every day.



yogasana demonstration



Yoga bhushan Anita Patil was present on the concluding day.

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SWAVYUM SIDDHA TRAINING-

Objectives-

1 To develop self confidence in girl students

2 Be spontaneous.

3 To empower girls.

4To make them able to defend against physical assault.

5 To strive for girls physical and mental health improvement.

Outline-

The swavyum Siddha trainer Mr. RajendraJanjale trained the girls for eight days(15/12/18 to 22/12/18) in which he taught the girls different types of punches, how to defend themselves using elbow and knees, and hand-on learning how to defend themselves with the help of available materials such as water bottle, bag etc. Also taught how to protect oneself when attacked. More than 50 students were participated in this.

Outcomes-

1 Students learn self defense.

- 2 Learned to express their own opinion.
- 3 Learned to participate spontaneous in any activity.

4 Confidence was created among the students.





Rajendra Janjale Explain with practical



Self defense training by Rajendra Janjale

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ICT TREANING- (SavitribaiPhulejayanti)-

Objectives-

1 To create awareness of technology among students.

- 2 Educate students to use computer.
- 3 To inform students about new technologies.

Outline-

With the help of faculty members of Computer Department students were trained to make power point presentation on computer with the aim of inspiring computer knowledge to the students and teaching new technology.

Outcomes-

1Students learn computer hands on.

- 2 Students got to know about the internet
- 3 Students were able to make PPT. 21 students participated in this.



ICT TRAINING (PPT) by Mayuri Pawwar

J.D.M.V.P.S.SHRI S.S.PATIL ART'S,BHAUSAHEB SHRI T.T. SALUNKHE COMMERCE & SHRI G.R.PANDIT SCIENCE COLLEGE JALGAON.

2019-20

Inauguration and lecture on gender equity

Objectives-

To educate the students about gender, what is gender equity. To creat a sense of equality in the mind of girt students. Trying to remove the stereotypes about gender in their minds. To give information about anti-dowry rules.

Outline-

Yuvatisabha academic year 2019-20 was inaugurated by honorable principal Dr.L.P. Deshmukh on 16/8/19. He guided the girl students for overall development and self-confidence 45 students are participed. At this time Dr. Mrs.M.S. Patil told the students about the objectives of yuvatisabha.

AshaKulkarni of Anti dowry moment Mumbai give guidance about gender equity and anti dowry rules.

Outcomes-

1The students got information aboutyuvatisabha

- 2 1The students got to know about gender equity.
- 3 A sense of equality arose in their minds.
- 4 Awareness of own rights and duties in society.
- 5 Got information about anti dowry rules.



Inauguration of yuvati sabha 2019-20 By Mrs.Asha Kulkarni

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Poetry writing competition (BetiBacho- BetiPadho)-

Objectives-

1 To provide a platform for students to express their feelings in the form of poetry.

2 Stimulate their thinking.

3To make them aware of social problems through poetry writing.

Outline-

A poetry writing competition was held on 9/9/19. Seven(07) girls were participated in this competition

Outcomes-

1 The students expressed their feelings through poetry towards BetiBacho-Beti Padho.

2 They became aware of social problems.

3 They motivated to solve the problems.

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WORKSHOP MAKING AND SALE OF CLAY LAMPS ANDDIWALI SNACK MATERIAL ANDSKY LANTERNS -

Objectives-

1 To inculcate the tendency to create self – employment among female students.

2 Creating a tendency to live life by being self – employment.

3 Making them self dependent and create confidence.

Outline-

On the occasion of Diwali festival, from the point of view of creating entrepreneurship among the girl students and guiding self employment, the decorative clay diyas, Diwali snack material and akashkandils were made by students and it was sold in the college and profit was given to the girl students. In this program **25** girls are participate.

Outcomes-

1 Students learned to make clay diyas and sky lanterns in a very creative way.

2 They made and sold Diwali snacks very well.

3 Due to financial gain, confidence was created among them.

4New ideas of self employment schemes came to their minds.



Preparation and selling of Diwali articles





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SELF-DEFENSE TRAINING WORKSHOP (24/9/19 TO 1/10/19) Objectives-

1 To develop self confidence in girl students

2 Be spontaneous.

- 3 To empower girls.
- 4To make them able to defend against physical assault.

5 To strive for girls physical and mental health improvement.

Outline-

An eight-day self-defense **training workshop** (24/9/19 to 1/10/19) was organized for the students, in which self-instructor Mr. RajendraJanjale demonstrated self-defense lessons to the students in this program **56** girls are participed.

In this, various punch, kicks, elbow attack, knee attack, etc., were taught to the students through demostation and practical, how to protect themselves in times of trouble. Practice was given by giving lessons on how to protect oneself with the help of materials close by such as stall water bottle college bag etc. On the concluding day, Prof. Bendre was the main presence. Madam Bendre in her speech boosted the morale of the students and wished them well 56 students were participated in this workshop.

Outcomes-

- 1 Students learn self-defense.
- 2 Learned to express their own opinion.
- 3 Learned to participate spontaneous in any activity.
- 4 Confidence was created among the students.





Self defence training



concluding day- Prof. Bendre addressing the students.

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PERSONALITY DEVELOPMENT WORKSHOP-

Objectives-

1 To improve overall personality of the girl students.

- 2 To develop self confidence in girl students.
- 3 To reduce stress and conflicts.
- 4 To increase positive qualities like punctuality, flexible attitude, willingness to learn, friendly nature.
- 5 Be spontaneous.
- 6 To empower girls.

Outline-

Personality development workshop was organized for female students in which **70** female students participated. The workshop was inaugurated by Mrs. SangeetaPatil, Director of INIFD. The program was presided over by Hon'ble L.P. Deshmukh, Principal of the college.

The first resource person Mrs. SangeetaPatil guided the students on how to live life and how to achieve what they set their mind to and she also gave supportive answers to the questions of the students. The second resource person Prof. Dr. SudhaKharate gave a lecture on the importance of language in leading happy life and how language can express our thoughts and emotions in various ways. For this she gave examples of various prose and poems and also answered the questions of the students.

The third resource person, Sau.SarikaDafre, Education officer (Govt. of India) guided the girls on how to face the competitive examinations and how to control the stress during the exams.

Fourth resource person Dr. Arti Gore Academic council member KBC NMU gave guidance on yog and stress management as well as yoga and women's health.

Outcomes-

1Confidence was created among the students.

2 They expressed their thoughts spontaneously while giving feedback.

3 openly discussing all the issues with the resource persons.

4 Overcome self-doubt, and be able to assert one self in professional setting.

5 Verbal and non verbal communication abilities increases, active listening, and expressing ideas effectively.



Inauguration of personality development workshop



Mrs. Sarika Dafre & Mrs Arti Gore in a session

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Many students get self- employment opportunity through service provider unit of the college like many students provide home service of beauty parlor and also stitch beautiful clothes

J.D.M.V.P.S.SHRI S.S.PATIL ART'S,BHAUSAHEB

SHRI T.T. SALUNKHE COMMERCE

<u>& SHRI G.R.PANDIT SCIENCE COLLEGE JALGAON.</u>

2020-21

In the academic year 2020-21, the entire world was gripped by CORONA pandemic.

Online lecture on Yoga

Objectives-

1 To build powerful physical, mental and spiritual health system.

2To increase strength and concentration, Positivity and happiness.

3 Reduce stress.

4Reduce depression

Outline-

On 2/1/21 online lecture was organized yoga specialist Dr. Sonar give lecture on- sukhijevanjagnya cha Raj yog, 36 girls are participed.

Outcomes-

1 For Physical, mental and spiritual heath they started looking at yoga.

2 They learned various yoga practices to reduce stress and depression.

.3 Positive attitudes, happiness increased in them.



SLOGAN AND POETRY WRITING COMPITIION-

Objectives-

1 To provide a platform for students to express their feelings in the form of poetry.

2 Stimulate their thinking.

3To make them aware of social problems through poetry writing.

Outline-

On the occasion of Rajmata jijaujayanti and National Youth day organized poetry writing competition 7 girls and slogan writing competition 8 girls participate,.

Outcomes-

1 The students expressed their feelings through poetry towards BetiBacho-BetiPadho.

2 They became aware of social problems.

3 They motivated to solve the problem.

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POWER POINT PRESENTATION-

Objectives-

1Students should be able to use ICT.

2 They should be able to express their views on a subject through ICT.

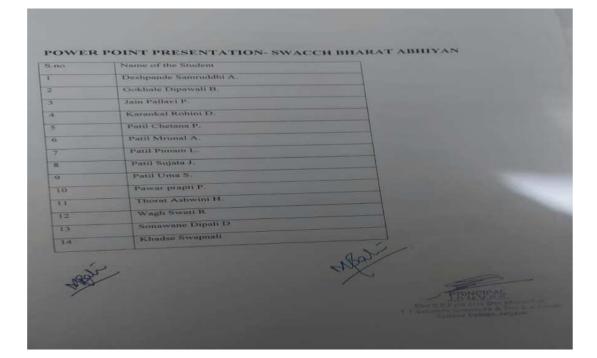
Outline-

Power point presentation was carried on Swachh Bharat Abhiyan by the students in this program 14 students are participed.

Outcomes-

1 They were able to use ICT.

2 They presented their thought about swachh Bharat through PPT.



Lecture on self Defense (International women day)

Objectives-

- 1 To develop self confidence in girl students
- 2 Be spontaneous.
- 3 To empower girls.

Outline-

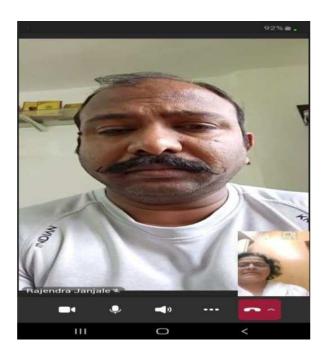
On 8/3/22 Online lecture of Shri Rajendra Janjale- 27 girls are participedinSwayan Siddha Prashikshak on self-defense.

Outcomes-

1Learned to express their own opinion.

2 Learned to participate spontaneous in any activity.

3 Confidence was created among the students



Rajendra Janjale - on line lecture on International Women's day

SELF EMPLOYMENT-

Objectives-

1To Inculcate the spirit of self- employment among female students.

2 Building confidence in female students.

Outline-

Mask making and selling by the 9girls students are involved.

Outcomes-

1 Students become confident in pendamic due to getting employment.

2 Staff members bought masks from the students.

J.D.M.V.P.S.SHRI S.S.PATIL ART'S,BHAUSAHEB

SHRI T.T. SALUNKHE COMMERCE

<u>& SHRI G.R.PANDIT SCIENCE COLLEGE JALGAON.</u>

2021-22

INAUGURATION AND ONLINE LECTURE - Gender equity perception and misconceptions

Objectives-

To educate the students about gender, what is gender equity. To creat a sense of equality in the mind of girt students. Trying to remove the stereotypes about gender in their minds.

Outline-

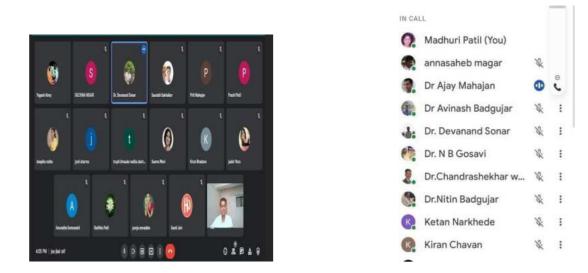
Yuvatisabha Academic year2022-22 was inaugurated by Dr. Devanand Sonar -Director Soham Yog center M.J. College Jalgaon 12 th January, on the occasion of Rajmata Jijau Jayanti and National Youth day. The program was presided over by Honorable Principal Dr. L.P. Deshmukh. Dr. sonar gave guidance on gender equity perception and misconceptions, and answered questions from the coalition. In this program **51** students are participate.

Outcomes-

1The students got to know about gender equity.

2 A sense of equality arose in their minds.

3 Awareness of own rights and duties in society.



Dr.Devanand sonar -lecture on gender equity.

SURYANAMASKAR, YOGA PRACTICE AND HEALTH(Onlile)-

Objectives-

Prepare the students physically and mentally for the integration of their physical, mental and spiritual faculties so that the students can become healthier, saner and more integrated members of the society and of the nation.

Outline-

On 15/2/2022 Dr.Leena Chaudhari –Ass. Prof. – Yoga Guidance center KBC NM university Jalgaon.guided about the importance of Surya Namaskar on Yoga practice and health and give guidance on the importance of yoga and health, 41 girls participed. Satisfactory answers the questions were given by her in this program. The chair person of the program was principal of the College Dr.L.P.Deshmukh The program was conducted online.

Outcomes-

1 Understand importance of suryanamaskar.

2 The tendency to practice yoga was awakened among the students.

3 Realized the importance of yoga for the treatment of various diseases.

4 Understand importance of yoga to increase concentration positive approch and happiness .

5 The student got ready to practice yoga every day.





SELF-DEFENSE WORK SHOP-

Objectives-

1 To develop self confidence in girl students

- 2 Be spontaneous.
- 3 To empower girls.
- 4To make them able to defend against physical assault.

5 To strive for girls physical and mental health improvement.

Outline-

Self-defense work shop was organized from 15/3/22 to 23/3/22 for girl students.**55** Girls were participated in this workshop. Swayumsiddha instructor gives guidance through demonstration and practical. He gave information about punch, knee attack, kicks, self defense from knife attack, etc with demonstration and practice. Chief Guest in the concluding occasion was Dr.Mrs. Mani Mutha –member of Maharashtra Marital Art council. Under her guidance she gave tips on martial art to the students. The program was chaired by prof. R.V. Deshmukh.

Outcomes-

- 1 Students learn self defense.
- 2 Learned to express their own opinion.
- 3 Learned to participate spontaneous in any activity.
- 4 Confidence was created among the students.



Self defense training



concluding day- chief guest- Dr. Mani Mutha



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PERSONALITY DEVELOPMENT WORK SHOP-

Objectives-

- 1 To improve overall personality of the girl students.
- 2 To develop self confidence in girl students.
- 3 To reduce stress and conflicts.
- 4 To increase positive qualities like punctuality, flexible attitude, willingness to learn, friendly nature.
- 5 Be spontaneous.
- 6 To empower girls.

Outline-

A personality development work shop was organized on March 25 th in which **74** students of various colleges were present . The Program was inaugurated by Dr. Nitin Badgujar- Student development department-KBCNMU(Jalgaon Division). The program was chaired by Principal of the college Dr. L.P. Deshmukh. Dr Badgujar told how to develop personality through SWOC.

The first resource person Dr. Sharad Akole Psychiatrist guided on the subject Art of living, How to speak, impact of responses on life, marriage institute, pre marriage counseling etc.

The second resource person Dr. Devanad Sonar Guided with demonstration on yoga and stress control.we can increase concentration by integrating mind, intellect and spirit.

Third recourse person Dr.Sonal Mahajan, Naturopath M.J.College Jalgaonguided on how to control diseases naturally. She guided on the benefit ognatural sattvic aahar and vihar on PCOD disease and answered various questions of the students.

Fourth resource person Mrs.Anjali Patil (Volley ball player, Chhatrapati award winner) convinced the students about importance of sports on filed like health and employment.

Concluding remark was conducted by Prof. R.B. Deshmukh.

Outcomes-

1Confidence was created among the students.

2 They expressed their thoughts spontaneously while giving feedback.

3 openly discussing all the issues with the resource persons.

4 Overcome self-doubt, and are able to assert one self in professional setting.

5 Verbal and non verbal communication abilities increases, active listening, and expressing ideas effectively.

6 Got knowledge about natural cures for various diseases like PCOD etc.

7 They understood the importance of sports and employment an opportunities from them.





Inauguration

Felicitation of Sonali V Patil (under cover officer)



PERSONALITY DEVELOPMENT WORK SHOP



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2022-23

INAUGURATION AND LECTURE - Gender equity –

Objectives-

To educate the students about gender, what is gender equity. To creat a sense of equality in the mind of girt students. Trying to remove the stereotypes about gender in their minds.

Outline-

The program was inaugurated byVice Principal Dr.M.S.Patil. On this occasion Dr. J.P.Sontakke was present as a resource person. She guided a students about gender equity and informed about the problems they face in their live.She also guidance on how to solve the problems.

Outcomes-

1The students got to know about gender equity.

- 2 A sense of equality arose in their minds.
- 3 Awareness of own rights and duties in society.
- 4 Got guidance on how to solve problems in the life.



Inauguration –yuvati sabha 2022-23(15/9/22)

SAVITRI BAI PHULE JAYANTI- (Elocution)

Objectives-

1 Getting information about the biographies of great women.

2Getting inspiration from the biographies of great women

3 Providing a platform to express them.

Outline-

In commemoration of Savitribai phule Jayanti elocution competition was organized. Nine girls participated in it. The students dressed up as various Nobel ladies and expressed thoughts about them. 37 girl students were present for this.

Outcomes-

1Students got to know the character of nobel women.

2Got a chance to express their thoughts.

3Stage daring increased.

4 Their confidence increased.



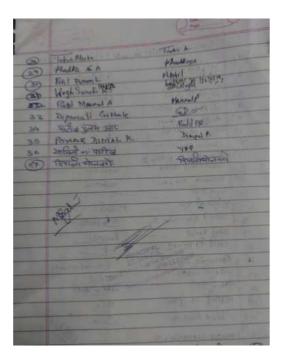


Elocution- Savitibai Phule & Sushma Swaraj



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ANCHORING



SLOGAN ANF POETRY WRITING COMPITIION-

Objectives-

1 To provide a platform for students to express their feelings in the form of poetry.

2 Stimulate their thinking.

3To make them aware of social problems through poetry writing.

Outline-

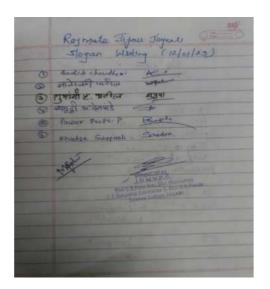
On the occasion of Rajmata jijau jayanti and National Youth day organized poetry writing competition 4 girls and slogan writing competition 6 girls participate,.

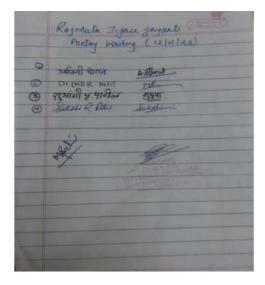
Outcomes-

1 The students expressed their feelings through poetry towards BetiBacho-BetiPadho.

2 They became aware of social problems.

3 They motivated to solve the problems





INTERNATIONAL WOMEN'S DAY CELEBRATION-

Objectives-

1 Achieve gender equality and empower all women and girls.

2 To make them aware of their rights and responsibility.

Outline-

To celebrate international women's day entrepreneur Vaishali Suresh Patil and Dr. Surekha Palve(MC Member K.B.C.NMU Jalgaon).Vaishali Patil is uneducated and started a clothing business on her own. Dr.Surekha Palve was well educated. Both had reached the pinnacle of success on their own. Both shared their experience with the students. Both motivated the students to achieved success in their life

Outcomes-

1Students are motivated to achieve success.

2 This program was crucial for their goal setting.





Mrs. Vaishali Patil (entrepreneur)

Dr.Surekha Palve (MC Member K.B.C.NMU Jalgaon).

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नूतन मराठा महाविद्यालयात विद्यार्थिनींसाठी सुरू असलेल्या स्वयंसिद्धा कार्यशाळेचा समारोप

जळगाव दि.२४(प्रतिनिधी)नूतन मराठा महाविद्यालय आणि कबचौ उमवी जळगाव यांच्या संयुक्त विद्यमाने महाविद्यालयाच्या सुवर्णमहोत्सवी वाटचालीचे औचित्य साधून विद्यार्थ्यीनींसाठी सुरू असलेल्या स्वयंसिद्धा कार्यशाळेचा यशस्वी समारोप महाविद्यालयाचे उपप्राचार्य प्रा राजेंद्र देशमुख यांच्या अध्यक्षतेखाली तर विद्यार्थी विकास अधिकारी तथा महाविद्यालयाचे उपप्राचार्य डॉ एन जे पाटील, युवती सभेच्या समन्वयिका डॉ माधुरी पाटील, मार्शल आर्ट ऑफ इंडिया च्या सदस्या तथा समाजसेविका डॉ मणी मुथा आणि

रुवयंसिद्धा कार्यशाळेचा

नूतन मराठा महाविद्यालय युवती नेतृत्व कौशल्य कार्यशाळेचे आयोजन



तभा वृत्तसेवा जळगाव, ८ मार्च

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मराठा महाविद्यालयात नूतन आंतरराष्ट्रीय महिला दिनानिमित्त ७, ८ आणि ९ मार्चदरम्यान तीन दिवशीय युवती नेतृत्व कौशल्य कार्यशाळेचे आयोजन करण्यात आले. ७ रोजी उपप्राचार्य प्रा.राजेंद्र देशमुख यांच्या अध्यक्षतेखाली तर प्राचार्य डॉ.एल.पी. मार्गदर्शनाखाली देशमुख यांच्या हार्टपुल्तनेस एज्युकेशन ट्रस्टच्या डॉ. निलम अग्रवाल, उपप्राचार्य प्रा.आर.बी. देशमुख, संयोजिका डॉ.इंदिरा पाटील यांच्या प्रमुख उपस्थितीत कार्यशाळेचा प्रारंभ झाला.

जीवन जगतांना ते हलकं आणि फुलकं कसं जगायचं, आपल्यातील नेतृत्वगुणाचा कसा विकास करायचा या संदर्भात विद्यार्थ्यांना काही टीप्स देवून डॉ निलम अग्रवाल यांनी ध्यान धारणेतून एकाग्रता कशी निर्माण करावी याचे काही प्रात्यक्षिक करून दाखविले. दुसऱ्या दिवशी डॉ.निलम अग्रवाल आणि त्यांची कन्या अपुर्वा या दोन्ही मायलेकींनी सभागृहातील सगळ्यांनाच मेंदूचे छोटे छोटे व्यायाम तसेच तणावमुक्त करून सुखद आणि अपुर्व असा अनुभव दिला. डॉ निलम अग्रवाल आणि त्यांची

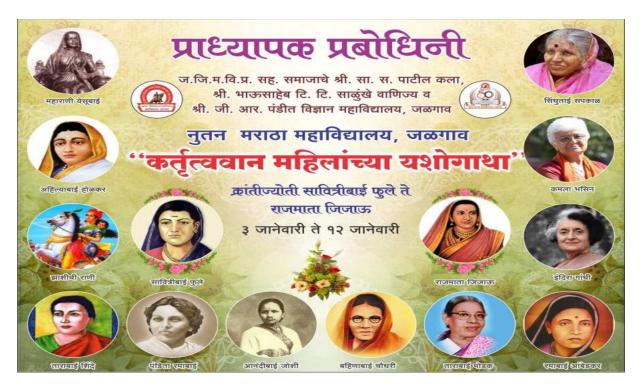
कन्या अपूर्वा अग्रवाल यांनी हाती घेतलेल्या या कायचिही कौतुक करत अध्यक्षीय समारोप केला. कार्यक्रमाच्या संयोजिका डॉ.इंदिरा पाटील यांनी प्रास्ताविक केले. मराठी विभागाच्या विभाग प्रमुख प्रा.ललिता हिंगोणेकर यांनी आभार मानले. सूत्रसंचालन डॉ. इंदिरा पाटील यांनी केले.





J. D. M. V. P. CO-OP. SAMAJ'S SHRI S. S. PATIL ARTS, SHRI BHAUSAHEB T. T. SALUNKHE COMMERCE AND SHRI G. R. PANDIT SCIENCE COLLEGE, JALGAON.

Kartutvan Mahilanchya Yashogatha



On 1st January 2022 our college completed 50 years and entered the golden jubilee year. On this occasion under the able guidance of honourable Principal Dr. L. P. Deshmukh sir, it was decided to carry out various activities through Pradhyapak Prabodhini for the academic year 2021 22. Dr. Indira Patil madam from the English Department was given the responsibility of Pradhyapak Prabodhini. The main objective of Pradhyapak Prabodhini was to provide all the teaching and non-teaching staff the latest and useful knowledge in various fields apart from their respective subjects through the lectures of various dignitaries.

Kranti Jyoti Savitribai Phule and Rajmata Jijau were two important women who had left an imperishable mark on the history of India. From 3rd January, Kranti Jyoti Savitribai Phule Jayanti to 12th January, the birth anniversary of Rajmata Jijau, a lecture series entitled "Kartutvan Mahilanchya Yashogatha" was organized by Pradhyapak Prabodhini. The special feature of this lecture series was that the clock hour basis professors of the college presented the success stories of women who made a mark in social political, educational, cultural, literary, medical, administrative and scientific fields. The main purpose of organizing this lecture series was that by taking inspiration from the work of these accomplished women, we should also be able to contribute in the same ways in our respective fields.

On January 3, Dr. Jayshree Mahajan, Mayor of the city garlanded the image of Kranti Jyoti Savitribai Phule and Rajmata Jijau. Principal Dr. L. P. Deshmukh felicitated the five accomplished women from the city including Dr. Jayashree Mahajan, Pushpa Salve, Litterateur, Vishakha Deshmukh, Classical Music, Kiran Bunkar, Entrepreneur and Adv. Charulata Borse, Public Prosecutor.

The lecture series started from the birth anniversary of Kranti Jyoti Savitribai Phule who laid the foundation of women education by breaking the shackles of customs and traditions. Prof. Vandana Patil from the Department of History highlighted the various roles of **Kranti Jyoti Savitribai Phule** as a teacher, poet and social worker.



The work of **Maharani Yesubai**, who defeated the Emperor of Delhi was brought to light by Prof. Vaishali Sapkale-Department of Defence Studies.



Likewise, a review of the work of justice-loving **Ahilyabai Holkar** was presented by Prof. Pournima Deshmukh, Department of Political Science.



Prof. Tejaswini Patil from Hindi Department threw light on the contribution of **Rani Lakshmibai** of Jhansi, who said 'Meri Jhansi Nahi Dungi' with her son on her back and a shield on her chest.



The lady who wrote Stri-Purush Tulna, **Tarabai Shinde**, was given tribute by Prof. Bhagyashree Patil-Department of Political Science with her insightful discussion.



The role of **Pandita Ramabai** who worked for child widows and orphans by establishing Sharada, Mukti and Krupa, was elaborated by Prof. Manisha Pardhi- Department of Economics.



The journey of **Dr. Aanandibai Joshi** who became the first woman doctor at the age of 21 was described by Prof. Reena Pawar from the Marathi Department.



Prof. Dr. Sushma Tayade from Department of Marathi presented an account of the work of the great poetess **Bahinabai Chaudhari** who presented the profound philosophy of life through her poetry.



The struggle of Padam Bhushan recipient **Tarabai Modak** was presented in a very scholarly manner by Bhagyashri Holey from the Economics Department.



A symbol of sacrifice, Babasaheb's inspiration and an ocean of compassion **Ramabai Ambedkar**'s work was described by Professor Pallavi Kulkani - Department of Commerce.



The first woman Prime Minister of India, skilled administrator and great politician, **Indira Gandhi**'s administrative work was praised by Prof. Dr. Swati Rajkundal-Department of Economics.



Prof. Sonali Rajkundal - Department of Political Science shed light on the work of **Kamala Bhasin**, who raised voice for gender equality through her poetry.



Prof. Kanchan Dhande from the English Department paid tribute to **Sindhutai Sapkal** who passed away recently by acknowledging her works for orphans.



Prof. Syd Anam-Department of Zoology admired the work of Nobel laureate **Malala Yousafzai**, who fought with the extremists for the cause of education.



Popularly known as Nightingale of India, **Sarojini Naidu**, who contributed a lot in the freedom struggle, was praised by Prof. Punam Satre- Commerce Department.



An account of the life and works of **Fatima Shaikh**, the first Muslim teacher was given by Prof. Gazala Shaikh from the English Department.



On 12th January, the birth anniversary of **Rajmata Jijau**, who inspired 16 years old Shivba for Swarajya was remembered by Prof. Pallavi Shimpi-Department of Commerce.



In the valedictory programme of this lecture series, programme co-ordinator Prof. Dr. Indira Patil reviewed the 10-days lectures. Principal Dr. L.P. Deshmukh congratulated all the professors who participated in the lecture series. Jijau Vandana was performed at the beginning of every lecture. All the Vice-Principals and Professors presided over the lecture series. Prof. Ratnakar Koli from the Marathi Department prepared and published the news of the entire programme. The coordinator received the support of all the Vice Principals, Professors, and non-teaching staff for the success of this programme.

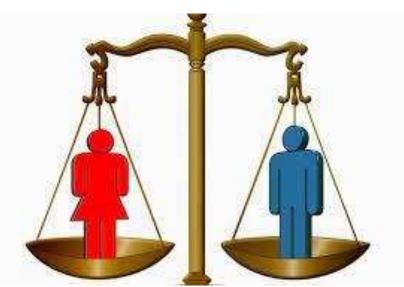


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Co-ordinator Prof. Dr. Indira S. Patil Professor, English Department



Jalgaon District Maratha Vidya Prasarak Samaj's Shri. S. S. Patil Arts, Shri. Bhausaheb T. T. Salunkhe Commerce and Shri. G. R. Pandit Science College Jalgaon (Nutan Maratha College)







Introduction

Jalgaon District Maratha Vidya Prasarak Samaj's Shri. S. S. Patil Arts, Shri. Bhausaheb T. T. Salunkhe Commerce and Shri. G. R. Pandit Science College Jalgaon (M.S.) (Nutan Maratha College), college established in the year 1972 at Jalgaon. and run by Society of Nutan Maratha College affiliated by Kavayitri Bahinabai Chaudhari North Maharashtra University, Jalgaon. The college 'motto is Bahujan Hitaya Bahujan Sukhai i.e. In the Interest of the Masses for the Welfare of the Masses. In 2016, NAAC Bangalore awarded the college with 'B' grade. The purpose of gender audit to study whether college as a good gender balance. It try to see out whether college follows university rules, policies and action as it form constituent part of Kavayitri Bahinabai Chaudhari North Maharashtra University Jalgaon. The gender audit to accept the impact of current and proposed of policies on gender equality.

The Administrative committee decides to conduct gender audit. The IQAC Appreciated and accepted the proposal and forwarded to college concern committee for approval where in thoroughly discuss approved and suggested to IQAC for implementation. The IQAC constituted committee for gender audit considering involvement and contribution in the field of women's development.

The constitutions of committee as follows

- 1. Dr.L.P.Deshmukh (Principal) Chairman Internal Compliant Committee /Women Complaint & Prevention of Sexual Harassment Cell 2. Dr.M.S.Patil Member 3. Dr.J.P.Sontakke Member
- 4. Dr.L.T.Pawar

Member

Objectives

The gender audit of Jalgaon District Maratha Vidya Prasarak Samaj's Shri. S. S. Patil Arts, Shri. Bhausaheb T. T. Salunkhe Commerce and Shri. G. R. Pandit Science College Jalgaon (M.S.) (Nutan Maratha College), college has the following objectives

- > To find out the area where gender balance exist and the factor behind the gender balance
- Take active step to established good gender balance in decision making process in all areas of the college activity
- Two examine the policies of the college rules and action toward the needs and interest of both male and female
- Suggest measures for bridging the gender gap
- > Foster gender equality in all aspect of college life and throughout the college community.
- > To see t
- ▶ He work and capacity for presentation of sexual harassment at the college

Jalgaon District Maratha Vidya Prasarak Samaj's Shri. S. S. Patil Arts, Shri. Bhausaheb T. T. Salunkhe Commerce and Shri. G. R. Pandit Science College Jalgaon (M.S.) (Nutan Maratha College), college is always tries to avoid rush and other mishaps between students and make a separate provisions at various places for girls.

1. CCTV: Keeping in view for safety, co-education is practiced with provision of safety and security to every student. CCTV cameras are installed at various strategic locations. Which makes college premises safe for female students.

- **1. Security guard:** At the main entrance of the college security guards are always present. He doesn't permit students without identity card outsiders without proper investigation.
- 2. The safety wall: On the boundary of campus prevent entry of unauthorized person.
- 3. Helpline numbers are displayed at required spots.
- **4. Identity card** is mandatory for all students and staff which ensure to maintain discipline and code of conduct.
- **5.** The campus has provision for adequate lighting facility with LED floodlights, fire safety extinguisher, electricity safety by expert electricians, proper earthling wires, stabilizers for safety of heavy duty equipment and appliances.
- 6. Sexual harassment prevention cell
- 7. Ramps and adequate toilet facility are provided for differently abled candidates.
- 8. First aid facility is available in Library, Science Laboratories, NCC and NSS office.
- 9. Annual health check up is organized for the FY students of UG and PG.

- **10.** Suggestion boxes are placed in various places. The mobile numbers of the Principal, Ant ragging cell are displayed and grievances, if any, are always resolved peacefully.
- **11.** RO plant provides safe drinking water to the stakeholders.

Counseling: Counseling commences from the Mentor who guides the Mentee about the various courses offered, co- curricular and extra-curricular facilities. A student-friendly environment in the college helps the students to approach the staff member for academic and non-academic counseling. The psychology department conducts programs on counseling for the students to build their psychological temperament and the Student's counseling cell is involved in counseling of students with special concern for the girl students.

- Yuvati Sabha has been instrumental for security and needs of the girl students in the college. Programs are run as per the Gender Sensitization Action Plan.
- 2. Discipline Committee and the Grievance Cell is open for receiving any complains of misbehavior in the campus.
- The College is open to participation in every activity conducted in the college including sports, irrespective of gender, caste, creed etc. Every student has right to become a Student Representative on merit basis only.
- 4. Gender Equity is practiced as per the Policy laid down.

GENDER BALANCE IN ENROLMENT AT GRADUATIONS LEVEL (2018-2022)

Year	Male	Female	Total	% Male	% Female
2018-19	1314	621	1935	67.90	32.09
2019-20	1067	443	1510	70.66	29.33
2020-21	1007	278	1285	78.36	21.63
2021-22	1134	364	1498	75.70	24.29
2022-23	899	410	1309	68.67	31.32

1. Year wise Gender Classification of Arts Faculty

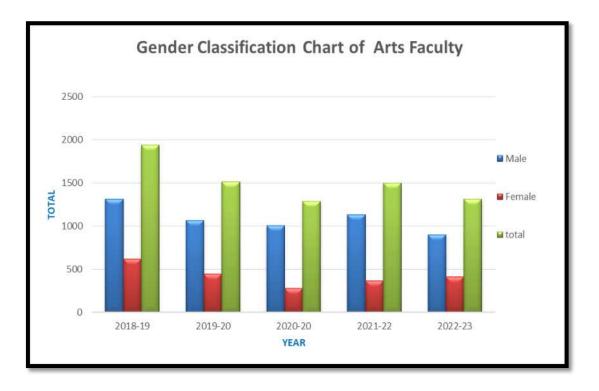


Table: Year wise gender classification of male and female percentage of the student and total admission in the college; it appear since 2018-19 to 2022-23. Male and female graph of admission percentage shows female percentage moderately increasing yearly. The percentage of male and female student can easily reviewed at the glance with the help of table and graph.

Year	Male	Female	Total	% Male	% Female
2018-19	720	216	936	76.92	23.07
2019-20	641	264	905	70.82	29.17
2020-21	714	370	1084	65.84	34.13
2021-22	617	265	882	69.95	30.04
2022-23	473	200	673	70.28	29.71



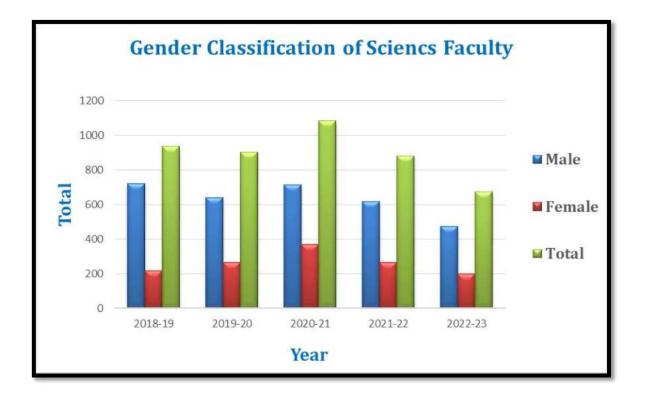
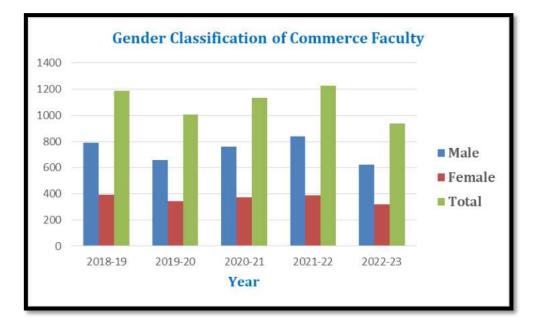


Table: Year wise gender classification of male and female percentage of the student and total admission in the college it appear that since 2018-19 to 2022-23. Male and female graph of admission percentage shows female percentage moderately increasing yearly. The percentage of male and female student can easily reviewed at the glance with the help of table and graph

3. Year wise Gender Classification of Commerce Faculty

Year	Male	Female	Total	% Male	% Female
2018-19	792	394	1186	66.77	33.22
2019-20	659	346	1005	65.57	34.42
2020-21	760	374	1134	67.01	32.98
2021-22	840	387	1227	68.45	31.54
2022-23	622	317	939	66.24	33.75



Year wise gender classification of male and female percentage of the student and total admission in the college; it appear since 2018-19 to 2022-23. Male and female graph of admission percentage shows female percentage Constant yearly. The percentage of male and female student can easily reviewed at the glance with the help of table and graph.

4. Year wise Gender Classification of Head of Department

Year	Male	Female	Total	% Male	% Female
2018-19	18	04	21	85.71	19.04
2019-20	19	03	21	90.47	14.28
2020-21	19	03	21	90.47	14.28
2021-22	19	03	21	90.47	14.28
2022-23	19	03	21	90.47	14.28

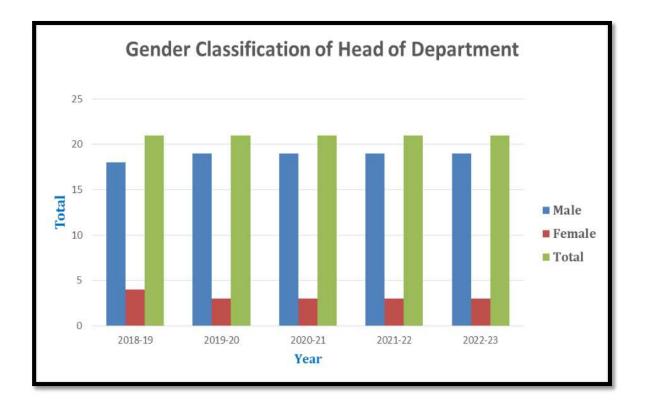
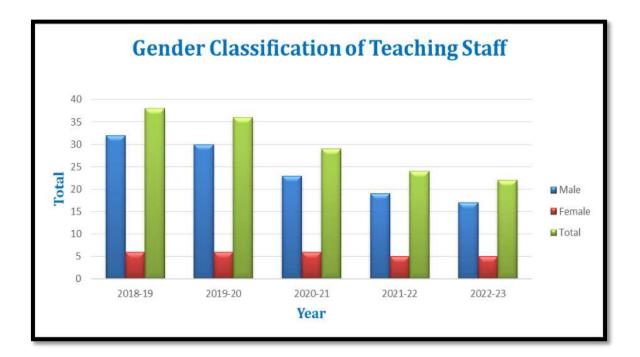


Table: Year wise gender classification of male and female percentage of the Head of the Department and total department in the college it appear that since 2018-19 to 2022-23. The table shows the percentage of male head of the department from 2018-19 to 2022-23 is 90%. The percentage of male and female Head of the Department can easily reviewed at the glance with the help of table and graph.

5. Year wise Gender Classification of Teaching Staff

Year	Male	Female	Total	% Male	% Female
2018-19	32	06	38	84.21	15.79
2019-20	30	06	36	83.33	16.66
2020-21	23	06	29	79.31	20.69
2021-22	19	05	24	79.16	20.83
2022-23	17	05	22	77.27	22.72



The table shows year wise gender classification of male and female percentage of the Teaching Staff and total department in the college it appear that since 2018-19 to 2022-23. The table shows the percentage of female Teaching Staff from 2018-19 to 2022-23 is 15.19%, 16.66%, 20.69%, 20.83%, and 22.72 respectively. The percentage of male and female Teaching Staff can easily reviewed at the glance with the help of table and graph.

5. PREVENTION OF SEXUAL HARASSMENT

An act to provide protection again sexual harassment of women at workplace and for prevention of redressal of connected here with or incident result in violation of the fundamental right of women to Equality. Under article 14 and 15 of constitutional and right to practice any profession or to carry on any occupation trade or business, which includes a right to a safe environment free from sexual harassment. Violation of the article (5d) of the sexual harassment of women at workplace prevention, prohibition and Redressal act 2013.

The formation of internal complaints committee in the college promotes equalities of opportunity between men and women. To eliminate discrimination and harassment for the purpose, internal complaint committee form in the college.

The college has following mechanism addressing gender concern on the campus. The policy of this committee is to create zero tolerance or to harassment.

Internal Complaint Committee

The college has constituted and internal complaint committee as per the sexual harassment of women at workplace (prevention prohibition and residential at 2013). The work of the committee inverse research and extensions the committee conducts various programs like workshops, street play, self-defense training, yoga, health checkup camp for women empowerment and gender sensation.

The internal complaint committee has contributed to policy making on women's issues by organizing workshop on Women and Law, Woman Empowerment, Women and Human rights in the year of 2015.

The process of enquiry follows the rules and regulation of violation the article 5 (d) of the sexual harassment of women at workplace (prevention prohibition and residential) act 2013.

6. SILENT FEATURES AND RECOMMENDATION

Strength and gender sensitive initiative

It found that the college has attend; gender balance in its system to strength, gender sensitive initiative are as follows.

- > The college has earn and learn scheme for economically marginalized students
- > The internal complaint committee at workplace is strengthen by organizing various activity.
- Women's are represent in the top rank of academic faculty.
- Internal complaint committee aims to foster and environmental in which unlawful discrimination, harassment is not tolerate, and where all member of the college community is to encourage achieving their full potential.

- College monitors the experience of all students through annual progress review meeting. It encourages the participation of all students in aspect of college life. The college fosters and atmosphere where in tolerance on the ground of gender is unacceptable.
- College staff is encourage to undertake training and professional development throughout their career such opportunities are available to all the members of staff.
- Responses from students, staff and visitors on the college activity, rules and regulatory are regularly sought in formal and informal ways. Such responses are auditing for gender balance and issues raised in this area have reported to the administration for action.
- > The college has Women's Development Cell to discuss gender issues every month.
- Health checkup camps show the document of how many women and girls are anemic and underweight.

Recommendations for Making Jalgaon District Maratha Vidya Prasarak Samaj's Shri. S. S. Patil Arts, Shri. Bhausaheb T. T. Salunkhe Commerce and Shri. G. R. Pandit Science College Jalgaon (M.S.)

A Gender Sensitive College:

- > Female student's participant to increase in sport activities.
- The college should be intend to build foundation regarding to ensure that inclusion of more women's are decision-making to be embed in college practices.
- > Authority should considering towards increasing number of female in Non-teaching staff.
- ▶ We will start Women Study Centre to research in Gender balance equality.
- To avoid inequality care we should take to appoint balanced number of conveners of various internal committees of the college.

CONCLUSION

It found that the Jalgaon District Maratha Vidya Prasarak Samaj's Shri. S. S. Patil Arts, Shri. Bhausaheb T. T. Salunkhe Commerce and Shri. G. R. Pandit Science College Jalgaon has many strengths. The weaknesses to overcome with efficient mind set, doubtless, its strengths contribute towards making the college as a gender sensitive institution. With the strong will power and commitment to gender justice, the college would certainly make a mark even in the areas that need some improvements.



JALGAON DISTRICT MARATHA VIDYA PRASARAK SAMAJ'S SHRI.S.S.PATIL ARTS, SHRI.BHAUSAHEB T.T. SALUNKHE COMMERCE AND SHRI.G.R.PANDIT SCIENCE COLLEGE, JALGAON (M.S.)

(NUTAN MARATHA COLLEGE, JALGAON)

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Dr.L.P.D	eshmukh	(M.Sc.Ph.D)	
	Principal		

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Date:

Re.No.NMCJ/20 -20

Action Plan

- Introduce pupils to the concept of gender equity;
- Perform various activities to raise gender awareness among students;
- > Conduct activities to enrich students' views and mind-set

Our constitution's primary premise is equity. As an academic institution, we value, encourage, and incorporate such equity into our daily operations. Our college is known for providing equal opportunity to everybody in numerous ways. By practice, we have a strong focus on gender equity. Our organization has implemented a number of policies and created a number of programs to promote gender equity. Gender equity is demonstrated at our institute through the organization of numerous programs involving male and female students as well as teachers.

Boys and girls are offered equal participation and opportunities in sport, cultural and N.S.S units. Our institute has held a number of programs with this goal in mind, some of which are listed below.

The program's title/activities

- On Women's Day, a presentation on the development of women's entrepreneurship
- NSS with Girl Volunteers In-Charge
- Organize self-defence training program for girls.
- There will be an open discourse on the issue of women's reservations.
- A lecture and open debate on women's rights and laws was organized.
- In the Share Market, give a talk to girls and boys on career opportunities.
- Dowry issue lecture and counselling
- Discussion among students about domestic violence
- An Open Discussion on Sexual Harassment in the Workplace

• Organized lecture and open debate about cybercrime and prevention strategies, with a focus on women who have been victims.

These activities were carried out with the assistance of our institutions' NCC, NSS, Cultural, and W.D.C departments. These efforts aided our pupils in achieving gender parity.

मी सम्हरी अनि म देशांगडे मी मुहन मराका महावि स्ट्या ले यात विद्याण होते. सहाखिद्यातयात सुत्रींसाही न्यातविल्या जाणाच्या विविध उपक्रमा तभी सहकाणी होते. महाविख्या लयात चालविले आगा? रेषे कार्यतम्म महिलांसाहा गार उपयेली उत्तरे. यात स्वयंसंदक्षण, योग, टे.जागर, आरोव्य सर्व देनाची साहिती सकते. आणी पुरील आविद्यासांह हेणाइ उपयोही # 320117 BILE

EtDeshpande

मार्झ नाव कु. विपाली आर, पारील आह, मां जुरून मराहा महाविड्यालयात हिल्ला में होते. महाविद्यालयात मुली साही न्यालिल्या जाणाच्या मिनिहह उपभेभन्न मी सहजागी होते मराबि ख्या लगाह चानविहे जाणादे रतने उपक्रम महिलां साही उपयोगी आहे. यात 2-02 दारहाठा, याज, राजमार, आहेग्य सर्व के भान्धी माहिती किलते, आहि पुरीत भविष्या सारी हे पता र उपयोगी उरणार आहे.

अग्वती विदयाधींनी

नियाली आर. पार्थल

भाही नाव छु. अर्झांजी पृथ्वीयान पारील सी उतन मराठा महाविद्यालयात सीमाठा देने महाविद्यालभाग मुक्रींगाठी -यालकिस्या जात्माच्या विविध अपक्रमात भी सहका कारी होते. महाविद्यालयात पालवि ले जाकारे 272 कार्यक्र महीलां आही कार उपयोगी आहे. यात स्वयंसंख्या, भोग, रोजगाट, आरेग्रम, रार्ब क्राम्बी माहीती मिळते. आणी पुछील अतिष्ट्या रगाही हे पगट उपयोक्ती हरकार आहे.

आपती विवयाधीनी (3. रामांगी पारीतः)

काझे जाव ब्राह्वेनी बोगत मी जुतन मराग महाविद्यालयान - शिद्धा) दोते. महाविद्यालयात मुली'भाठी न्वालविल्या जाठान्या खिविद्य उपह्रमात मी सहमाग होते सहाविक्यालयान चालविन्या मानाया अर्व कार्यक्रमांचा उपयोग मला अनिशय चांगल्या प्रकार टोता. विशेषमा यान म्वयं संरक्षा, यीना, यीनगार, कारोग्य या महत्त्वाच्या क्षेत्राची महिती मिळते, ही मला मुहील अविच्यासाठी आयदेशीट उटगाट आहे

आपकी विदयाधींनी (अहितनी घोरान)

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